Macomb Township Parks & Recreation Department

R.E.A.C.H.

Recreation

Events

Activities

en

Center

Happenings

www.macomb-mi.gov 20699 Macomb Street • Macomb, MI 48042 • (586) 992-2900 (Off Broughton Road, east of Romeo Plank Rd., south of 25 Mile Road)

** MTPR CANCELLATIONS HOTLINE (586) 992-2909 **

SPRING/SUMMER 2011







CHECK US OUT AT www.macomb-mi.gov

ONLINE REGISTRATION
BEGINS MONDAY,
APRIL 25TH
AT 6:00AM

See page 39 for ALL Registration Details



2011 MTPR SPONSOR & FRIEND LIST

CORPORATE



(586) 412-5758 / www.genisyscu.org

GOLD

All Weather Restoration (800) 583-3688 / allweathercare.com

Bounce About Party Rentals (586) 980-9059 / www.BOUNCEABOUT.com

HPS Advanced Dental Care (248) 652-0024 / www.HPSDENTAL.com

Huntington Bank 1-800-480-BANK (2265) / Huntington.com

Louie's Pizza (586) 786-1616 / www.louiespizzapie.com

Macomb Orthodontics
(586) 226-BRACES / www.macomborthodontics.com

Michigan Schools & Government Credit Union (586) 263-8800 / www.msgcu.org

Spalding DeDecker Associates (248) 844-5400 / sda@sda-eng.com

SILVER

First State Bank

(866) 372-1275 / www.thefsb.com

Henry Ford – Macomb Hospitals www.henryfordmacomb.com / (800) 532-2411 St. John Medical Center – Macomb

(586) 416-7500

BRONZE

Allstate – The Halsey Agency (586) 263-1350 Deneweth's Garden Center (586) 247-5012

Kids Dentistry & Ortho / Drs. Delaney, Plunkett, Ralstrom, Makowski, Thanasas, Ker and Associates P.C. (586) 286-0700

> Eastside Endoscopy Center (586) 416-7501

G.I. Medicine Associates, PC. (586) 447-0700 Kristel Cleaning

www.kristelcleaning.com

Millman Derr Center for Eye Care, PC (248) 852-3636

Plante & Moran, PLLC plantemoran.com
R.C. Hendrick & Son, Inc.

(989) 781-8116 TCF Bank www.tcfexpress.com

FRIENDS OF MTPR

Ace Hardware – Macomb
Altermatt's Farms & Greenhouses
Chicken Shack
Cottage Inn Pizza
Macomb County Sheriff Office & Explorer Scouts

Red Robin – Clinton Twp Shield's Pizza Shelby/Macomb Kiwanis Daybreakers Shelby Twp. Parks & Recreation Wahl Tents

HIPPITY HOP TRAIL SPONSORS

Allstate - The Halsey Agency
Bo Rics
Buffalo Wild Wings
Circus World Concessions
Kid's Dentistry & Ortho ~Drs.
Delaney, Plunkett,
Ralstrom, Makowski, Thannasa, &
Ker

Genisys Credit Union Great Clips for Hair HPS Advanced Dental Care
Kindermusik
Lakepointe Church
Lawnshark Landcare
Little Preschoolers' Preschool
Louie's Pizza
Macomb Orthodontics
Macomb – PATCH
Miche Bags
Michigan Schools & Government

Millennium Insurance Agency
Shield's Pizza
St. Peter Lutheran Church & School
Suburban Ice
Superior Family Chiropractic &
Wellness Center
TCF Bank
Upper Cut Lawn Service
Vox Church
Walgreens

THANK YOU TO OUR SPONSORS & FRIENDS!

MTRC INFORMATION



DEAR RESIDENTS,

As we put the long, cold winter behind us, it's time to Think Spring! This year we are especially excited for spring, as we open Phase II of Macomb Corners Park. With the Phase II opening in April, Macomb Corners Park now has 6 baseball diamonds, 5 soccer fields, 2 football fields, 2 sand volleyball courts, a playscape with swings and a 1 mile walking path. We are extremely proud of this finished product and hope you will be too!

As the warmer weather approaches, it's time to start planning for your spring and summer activities. Please take some time to read our R.E.A.C.H. catalog, full of programs from May through August. Our staff has worked extremely hard to provide programs for both young and old. Hopefully, we have offered something that interests you and your family. As always, feedback on any of our programs is welcome. Please contact us at parks-rec@macomb-mi.gov, at (586) 992-2900, or check our website at: www.macomb-mi.gov

Sincerely,

The Macomb Township Parks & Recreation Staff

CREATING COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMS

MACOMB TOWNSHIP RECREATION CENTER

The Macomb Township Recreation Center was built for the recreational enjoyment of all members and our guests. Please treat the facility, other patrons and staff with respect. If you have any questions, please stop by the reception desk.

- · Guests must bring their own locks & towels.
- Guests must be currently in the 9th grade with proof (current school I.D.) to enter facility without parental supervision.
- All guests must have a waiver form on file prior to utilizing the center. Patrons under the age of 18, must have a signed waiver by a parent or legal guardian to enter. Waiver forms are available at the front desk.

HOURS OF OPERATION

Monday-Friday	6:00am-10:00pm
Saturday	8:00am-8:00pm
Sunday	10:00am-6:00pm

Aquatics schedule varies,

please stop by front desk for schedule.

TADPOLE TOWN CHILD WATCH

Monday-Saturday 8:30am-1:00pm Monday-Thursday 4:00pm-9:00pm

RATES

Child watch is \$2.00 per hour for the initial child and \$1.00 per hour for each additional child. 2 hour maximum time per visit.

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MTRC INFORMATION

MTRC DAILY FEES

Residents	\$5.00
Non-Residents	\$10.00

Children ages 3 and under are admitted free with an adult paid daily admission

All guests must show proper ID to receive Resident discount:

Driver's License OR State issued I.D.

MTRC MEMBERSHIP FEES

Resident

Monthly: (Monthly Deductions from Checking or S	avings account
Head of Household	
Spouse	\$15.00
Dependant	
Seniors (55+)	\$15.00

Current or past years 1040 tax form must be shown to prove dependants for membership.

Annual Membership:

Head of Household	\$300.00
Spouse	\$180.00
Dependant	
Senior (55+)	

Non-Resident Membership rates are double.

Summer Memberships: Available Beginning April 1. Memberships are valid for either 3, 4, or 5 months from date of purchase. Summer memberships are invalid after Labor Day (9/5/11).

	Resident / Non-Res
3 Month Membership	\$75.00 / \$ 150.00
4 Month Membership	\$100.00 / \$ 200.00
5 Month Membership	\$125.00 / \$ 250.00

Trial Memberships: Individuals are eligible for a one time trial month period. These memberships are valid from the date of registration. Trial Memberships are \$25.00 for Residents and \$50.00 for Non-Residents. Daily admissions cannot be used toward the purchase of a Trial membership. Trial memberships are non-refundable.

Current or past year's 1040 tax form must be shown to prove dependants for membership.

LOOKING FOR A PLACE TO HOST A B-DAY PARTY OR SPECIAL EVENT?

Look no further than the Macomb Township Recreation Center. Parties and rentals can be booked up to 1 year in advance. A variety of food packages are available to choose from. Contact the Front Desk for additional information.

LOST & FOUND POLICY

Lost & found items will be kept at the Macomb Township Recreation Center for 10 days. After 10 days all items will be donated to a local charity. Please contact a staff member if you accidentally left any of your belongings at the Recreation Center during your visit.

INCLEMENT WEATHER

Call the Macomb Township Cancellation Hotline at 586-992-2909 to hear program cancellations or delays due to weather. Cancelled classes will be announced at least 45 minutes prior to the start of the class. Remember, a morning class cancellation will not automatically mean evening classes are cancelled. Keep informed, call our hotline.

MTRC HOLIDAY & SPECIAL EVENTS SCHEDULE

The Macomb Township Recreation Center will operate under modified hours on the following holidays:

Memorial Day – Monday, May 30, 2011 Independence Day – Monday, July 4, 2011 Labor Day – Monday, September 5, 2011

> Facility Hours: 6:00am-5:00pm Open Swim: 12:00pm-4:00pm Lap Swim: 6:00am-12:00pm

ADMITTANCE FOR CHILDREN 3 & UNDER

Paying adults (members are considered paying adults) are allowed to bring two children each who are between the ages of 6 months & under 4 years old for free. All additional children will be charged according to their residency.

REINSTATEMENT OF COLLEGE STUDENTS

College students who wish to reactivate their suspended memberships must show either a school ID with the current year posted on the ID or their current transcript. College IDs which do not indicate a date will no longer be accepted.

ROOM RENTALS

Looking for a place to host a Business or Organization meeting? Look no further than the Macomb Township Recreation Center. The center can accommodate groups up to 50 people, complete with tables and chairs. Audio/Visual equipment is also available. The center can accommodate rentals 7 days per week and various hours. Please contact the Recreation Center front desk for further details.

MTRC INFORMATION



AQUATIC AREA:

The MTRC aquatics center has a variety of features sure to provide fun to everyone of every age. Our water playground begins with a zero depth entrance where you can walk through or around geysers. This pool features a multi-level playground where children can interact with water controlling devices before shooting through the slide. This pool reaches a maximum depth of 18" inches.

For the more adventurous type, try our 3 story water slide. This journey begins as you climb the stairs up to the top of the center. The slide will take you around several curves before you exit into our splash down pool.

Others can stroll around in our lazy river, where a waterfall awaits for those who choose. Inside our river is a vortex where guests are spun around by circular water movement.

Ever wanted to walk on water? You can attempt to walk across our floating log walk. There are lap lanes for those who still enjoy a good swim. After this much enjoyment our older guests can relax in our hot tub! Or catch some rays on our outdoor sun deck.

FITNESS CENTER & RUNNING TRACK:

The MTRC fitness center consists of a Two-Story Rotunda of Cardiovascular Equipment, Selective Machines, & Free Weights.

- Treadmills
- Elliptical Cross trainers
- Total Body Elliptical
- Nu Step/REX
- · Recumbent & Upright Bicycles
- Stair Climbers & Steppers
- TreadClimbers
- Accent Trainers
- Selectorized Machines (Paramount & Icarian brands)
- Dumbbells
- · Curl Bars
- Multi-Functional Trainers
- · Smith Press & Leg Press Station
- Cable Tower System
- Incline Benches
- Over 1,500 lbs. of weight plates

The MTRC Track is a figure eight configuration consisting of 3 lanes (walk, run, & pass). The track distance is 7.3 laps per mile.

Party Rooms:

Our Party Rooms are a perfect place to host your child's next birthday party or team event! Our rooms are located at either end of the main atrium, they're the perfect location to enjoy the center. The rooms are equipped with their own counter and sink! Party Rooms can accommodate 1-49 people.

Tree-Top Town

Come play among the trees and enjoy our indoor play structure with slides, tubes, rock climbing walls, and moveable helicopter and interactive toys. This large indoor play structure is ideal for children 10 years of age and under. An additional small play structure is available for toddlers. The room is floored with a soft play surface. Parents must accompany children. Socks are required.

Tadpole Town Child Watch

Two Hour maximum child watch for ages 6 months to 10 years old. Various activities offered such as games, movies, board games, arts-n-crafts, coloring, etc. In addition, computers are available for children to work on homework, or enjoy educational and interactive learning games. The room is equipped with a small child's restroom.

Game Room:

Guests can enjoy playing billiards, Ping Pong, or a wide variety of board games available for use while visiting.

Exercise/Aerobics Rooms:

Our lower level room is a floating Sportswood Altra Star floor, the second level room is surfaced with high intensity cushion rubber flooring, both rooms are equipped with a state of the art sound system, and two mirrored walls. Aerobics, Dance, and other exercise related activities have never been as enjoyable.

Locker Rooms:

Separate male and female locker rooms and shower rooms. Each is equipped with lockers for storage of clothing. Guests must bring in their own lock.

Family Changing Cabanas:

6 cabanas especially designed for families are available for use. Each is equipped with a shower, changing station, sink and toilet. Larger lockers are located outside of rooms for storage of multiple guests items. To utilize these cabanas; please see Family Changing Cabanas Policy on page 6.

Multi-Purpose Rooms:

Our two Multi-purpose rooms are great spaces for meetings, classroom settings, and parties. Each room is carpeted and equipped with Tables and Chairs which can be set as desired.

These rooms are able to host between 1 and 49 people. Audio/Visual equipment is also available for use.



MTRC INFORMATION / TRIPS

MACOMB TOWNSHIP RECREATION CENTER

Age Policy & Procedure

All patrons **must** be currently in the 9th grade to be left unsupervised in the facility and to use the fitness equipment. All patrons not currently in the 9th grade must be supervised by an adult (18 years of age or older) at all times while visiting the center. Patrons between the ages of 11 years and 9th grade must have an adult within the facility but not directly supervised. Patrons must show a Driver's Permit and picture I.D., Driver's License, or a school I.D. (indicating 9th grade) when initially entering the facility to show proof. Please note that patrons must currently have started the 9th grade to qualify, patrons who have completed the 8th grade are **not** considered 9th graders until school begins.

Please make certain you have these forms of I.D. and a daily waiver form on file prior to entering the facility without proper supervision. Patrons who are not currently in the 9th grade will not be allowed to enter the center without proper supervision.

Family Changing Cabanas Policy

Between the hours of 11:30am until the facility closes daily, the Family Changing Area will be locked. Families with children wishing to utilize the Family Changing Cabanas must check in at the front desk and check out a key card to gain access to the family changing room hallway. Guests will be asked to leave their vehicle keys at the Front Desk in order to receive a pass access card. This access card will allow entry into both family changing room hallway doors. This policy has been implemented for the safety and protection of all patrons. All patrons must use gender appropriate locker rooms.

~ THANK YOU FOR YOUR COOPERATION.

OPEN VOLLEYBALL SCHEDULE

Volleyball nets will be available on Tuesdays, 1/2 of Gymnasium A. All other gymnasium times are designated for open basketball and pickleball.

GYMNASIUM RENTALS

½ court gymnasium rentals are available Monday–Friday from 6:00am-9:45pm; Saturdays from 8:00am-12:00pm; and Sundays from 10:00am-12:00pm. Courts can be utilized for volleyball (equipment provided),

basketball, soccer, etc. Baseball Throwing & Batting is not permitted.

For further information on rates and available days and times, please contact the front desk.

PRIVATE & SEMI-PRIVATE PERSONAL TRAINING

The Macomb Township Recreation Center offers Private & Semi-Private Personal Training with our certified and highly knowledgeable trainers.

Members/Residents:

1 Hour Private Lesson	\$50.00 per hr.
1 Hour Semi-Private (2 Person)	\$70.00 per hr

Non-Residents:

1	Hour Private Lesson		
1	Hour Semi-Private (2 Person)	

Multiple Training package plans are available.

For further information and to sign-up for personal training, please call or visit the Front Desk.

- Payment for personal training must be made at the front desk upon arrival.
- 24 hr. advance notification is required for cancellations to reschedule.
- All personal training sessions are non-refundable.

All Personal Training participants MUST stop by the Front Desk prior to entering the facility (including Members)

BIANCO TOURS PRESENTS...

Quilt Gardens Tour

Elkart, Indiana

Monday, July 25, 2011

MTR Fee: \$250.00 NR Fee: \$255.00 *Prices based on double

*Prices based on double occupancy / per person

Featuring

- Thrasher Dinner at Das Dutchman Essenhaus Restaurant Come feast on tasty home-cooked food, made from family recipes passed down through the generations.
- Haystack Lunch at an Amish Home
- Elkhart Co. Visitor Center
- Quilt Gardens Tour

18 Large-scale quilt patterned gardens, containing over 100,000 blooms total, and 18 hand-painted murals displayed throughout Northern Indiana's Amish Country.

Shopping in Shipshewana, IN

Please register directly with Bianco for all overnight trips by calling the Bianco Sales Department at 1-800-835-8904.



TRIPS

BIANCO TOURS PRESENTS...

Mackinac Island Lilac Festival

Sunday, June 12, 2011

MTR Fee: \$340.00 **NR Fee:** \$345.00 *Prices based on double occupancy / per person



Mackinac Island Carriage Tour

A fully narrated tour beginning on Main St. and concluding at the Grand Hotel.

Lilac Festival

Some of these trees are over 300 years old and were brought to the island by the early settlers, offering quite a magical experience in such cozy surroundings. Celebrate the most fragrant time of the year!

Free time on Mackinac Island

Register directly with Bianco for this overnight trip, please mention MTPR for your rate. (800) 717-2770 ask for Barb.

Please register directly with Bianco for all overnight trips by calling the Bianco Sales Department at 1-800-835-8904.

Detroit Tigers At Comerica Park

"Take me out to the ball game, take me out to the crowd, buy me some peanuts and Cracker Jacks...

Join us for all the fun of watching the Detroit Tigers play at Comerica Park.

Don't delay in registering for a Tigers game, we sell out every year! Trips include round trip transportation by luxury motor coach and game admission. We will be departing from the Senior Center, 19925 23 Mile Road (one mile east of Romeo Plk- behind fire station).



Picnic Coolers welcome on the bus.

Maximum 6 tickets per household. If you would like to sit with friends or family, please include this information at the time of registration.

TIGERS VS CLEVELAND INDIANS

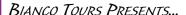
Registration No. 243200-A

Tue, June 14th - Game Time: 7:05pm (Departure from Senior Center at 5:45pm) MTR Fee: \$19.00 NR Fee: \$24.00

TIGERS VS OAKLAND ATHLETICS

Registration No. 243200-B

Tuesday, July 19th Game Time 7:05 (Departure from Senior Center at 5:45pm) MTR Fee: \$19.00 NR Fee: \$24.00



All That Glitters

Wednesday, June 22, 2011

MTR Fee: \$52.00 NR Fee: \$57.00

Registration No. 223100-B

Your Bianco Tour Includes:

Round Trip Deluxe Transportation

Greektown Casino

With more than 2.500 of the most exciting slots and video poker machines, action-packed table games and a live Poker Room, Greektown Casino in Detroit is 100,000 square feet of pure gaming thrills! Plus, our expanded gaming floor features spacious aisles with the latest slots on the market, as well as all your old favorites. That's why Greektown Casino is Detroit's Winning Address and a premier casino in Michigan.

Casino package: \$20.00 coin play!

Diamond Jack's River Cruise

Enjoy a 2-hour narrated cruise of the Detroit river aboard the Diamond Jack river vessel. Relax as you cruise along the sparkling waters of the Detroit River, the world's busiest waterway. View the powerful skylines of Detroit and Windsor and the historical sights along the shores of the Detroit River.

Ship sails at the captain's discretion.

"FRNIF"

Theatrical Tribute to Detroit's own **ERNIE HARWELL** Story of Beloved Hall of Fame Broadcaster "Looong gone", but never forgotten.



City Theatre

Sun. June 26, 2011, Showtime 5:00pm Bus Departs from Marvin Blank Senior Center at 3:45

"Ernie," Mitch Albom's much-anticipated new play dedicated to Ernie Harwell, makes its world premiere this spring at the City Theatre in Detroit, one block from Comerica Park and just in time for fans to visit with the "Voice of Summer" once again. "Ernie" is set on Ernie Harwell's last night at Comerica, when the Hall of Fame broadcaster is about to give a moving thank you to a grateful city. Just before he walks onto the grassy field, he encounters an unusual boy who is eager to know all about him, coaxing Harwell into giving one final broadcast – the "broadcast of his life."

Registration No 223100-A

MTR Fee: \$21.00 NR Fee: \$26.00

Fee includes transportation.

Depart at 3:45pm from the Marvin Blank Senior Center, 19925 23 Mile Road (one mile east of Romeo Plank, behind the fire station).





ENRICHMENT

SPECIAL EVENTS

Pillow Favor/Gift Card Holder

Macomb Township Recreation Center

Join me and learn how to create your own party favors or gift card holders. These can be used as party favors or great as gift card holders for birthdays, graduation or other occasions.



Please bring an old magazine,

scissors, double sided tape, glue stick and a ruler to class.

A \$2.00 material fee is required and is payable to instructor on the night of the class.

One time class:

MTR Fee: \$8.00 NR Fee: \$13.00 MTRC Members receive \$5.00 discount

Instructor: Diane Allar

Class size: Minimum 4, Maximum 8

Session	Days	Dates	Time
224600-D	Τĥ	May 26	10:00-11:00am
224600-E	Th	May 26	7:00-8:00pm

Silver Rose Necklace Class

Macomb Township Recreation Center

Wednesday, June 1 7:00-9:00pm

Registration No. 241402-B

MTR Fee: \$14.00 NR Fee: \$19.00 MTRC Members receive \$5.00 discount

Instructor: Sandi Kirk

Class size: Minimum 6, Maximum 12

Summer's coming, and this is the perfect necklace to wear with light and airy clothing. An elegant, but fun, silver plated open flower is the focal point of this necklace strung on suede cording. Sterling beads and an easy to use hook clasp complete the look. Your choice of



color for the cording. This super simple class is an easy way to get acquainted with necklace making.

A \$12.00 materials fee is required and payable to the instructor on the night of class.



Enjoy our "KiDzOnE" playarea at all of our free events! Your kidz will have tonz of fun with: inflatables, organized games, fun toys, equipment & surprise quests!

Thank you to our Sponsors: **Bounce About Rentals & HUNTINGTON BANKS!**



FREE BASEBALL SKILLS CONTEST

Macomb Corners Park/Baseball Fields Sunday, May 15

Event check-in: ALL players must register on-site between 1:00-1:45pm. - **Event begins:** 2:00pm

Registration No. 212901-A

Boys and girls will compete separately in their age divisions: 7/8, 9/10, 11/12, 13/14 years old.

A birth certificate is required at the time of registration.

PLEASE GO TO OUR WEBSITE FOR A COMPLETE **DESCRIPTION OF THIS EVENT!**

Thanks to Macomb Township Little League Board & Clinton-Macomb Girl's Fast Pitch League and volunteers for all of their assistance with this event!

2011 AMUSEMENT PARK TICKET PRICES Savings Over Price Destination **Gate Price** Cedar Point Child \$19.00 \$2.00 Cedar Point Adult \$38.25 \$8.74 Cedar Point Adult 2-Day \$71.25 \$5.74 Red Oaks Child \$7.25 \$.25-\$1.75

Red Oaks Adult

Waterford Oaks Child

Waterford Oaks Adult

Tickets will be available starting May 31st. The last day for ticket sales is Labor Day, September 5th.

\$9.75

\$6.75

\$8.75

\$.25-\$6.25

\$.25-\$2.25

\$.25-\$6.25

Support your community — Purchase your discount amusement park tickets at your Recreation Department!

Tickets are non-refundable and can be used throughout the 2011 season.

Thank you to our

Allstate - The Halsey Agency **Henry Ford – Macomb Hospitals** Louie's Pizza Michigan Schools & Government Credit Union!

FREE SPECIAL EVENTS



JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	ay Area will be full swing at I FREE EVENTS!	IOESDAT	I I	2	3	Frucks 10AM-1PM
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21 AOSCO PICNIC 11:30	22	23	24	25
26	27	Parkett Movie		30		

JULY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
ZCNI Pla	y Area will be i all FREE EVEN	n full swing TS!	7/6		1	2
3	3-63	5	6	7 7pm 'As Is'	8	9
10	11	12 ROSCO PICNIC 11:30	13	7pm Paisley Fog	15	16
17	18	19 AOSCO PICNIC 11:30	20	7pm Groove Council	22	23
24	25	26	27	7pm Air Margaritiville	29	30

AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
at and	1	2	3	4	7:30pm w/ Kids Concert	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	Play Ai in full sall FRE	rea will be Gwing at EE EVENTS!	

FREE SPECIAL EVENTS

2TH ANNUAL

SATURDAY, JUNE 4TH Sponsored By: Genisys Credit Union,

St. John Medical Center - Macomb & Macomb County Sheriff's Office

10:00am - 1:00pm

St. John Medical Center Macomb 17900 23 Mile Road (west of Romeo Plank)











PLEASE CHECK OUR WEBSITE FOR OVERFLOW PARKING SHUTTLE INFORMATON

Here is your chance to get up-close and explore lots of interesting vehicles! Come and see some very unique trucks, buses, emergency & construction vehicles, and many unusual wheeled wonders - new & old of all kinds, including a MONSTER TRUCK & REAL RACE CAR!

Thank you to our **EVENT FRIENDS**: Macomb Orthodontics. Bounce About Rentals, Shield's Pizza, HPS Advanced Dental Care, and all the vehicle sponsors & volunteers who make this popular event possible!

Do you or someone you know have a "Wheeled Wonder" that can be displayed at this event? Please contact Michelle at 586-992-2900 ext 2908 for more information on how to register/participate.

ROSCO'S PICNIC PALLOOZA SERIES

Outdoor Fun & Games!! Tuesdays, 11:30am -1:00pm

Macomb Town Center Park 25 Mile Road (2 miles east of Romeo Plank)

Bring a blanket or lawn chairs, sun umbrellas, sunglasses and sun screen, pack a lunch or buy pizza and enjoy fabulous entertainment with Rosco and

his friends! Each week enjoy a special show for families and children of all ages. The fun continues after at "KiDzOnE" with fun games, and 'Bounce About' inflatables! RAIN or SHINE!! In case of heavy rain - head to the Recreation Center!



This show is Absolutely, Positively, No Doubt About It, one Spectacular comical eye popping family event!

Sponsored by: Michigan Schools & Government Credit Union

JUNE 28 - ROSCO THE CLOWN & 'CIRQUE AMOUNGUS THE SHOW'

DISCOVER THE BIGTOP WITHIN - Delightful and surprising, 'The Show' combines the comedic and circus skills of seasoned Cirque Amongus performers with audience participation in a display that is guaranteed to amaze & amuse. After the show, the kids are invited to try out their skills on the Cirque Amongus equipment. Tightwire, Rolling Globe, and juggling!
Sponsored by: Children's Dentistry & Orthodontics; Drs.

Delaney, Plunkett, Ralstrom, Makowski, Thanasas & Ker ~ also ~

KIDS YARD SALE! - " Kid'z Only Yard Sale", will coincide with our Rosco Event. See next column for more details!!



JULY 12 - ROSCO_THE CLOWN & MUSIC FROM THE HEART WITH TAMMY STONE

Tammy has been winning the hearts of children of all ages for over seven years. Her songs are educational, amusing, creative and audience participation is always encouraged. One more thing, Tammy Rocks!! So bring your dancin'shoes and join Tammy for a wonderfully energetic Musical Show!

Sponsored by: TCF Bank

July 19 - Rosco's Carnival

Picnic and play with Macomb's favorite clown! Carnival games, prizes, surprises, inflatables and a special visit by the Macomb County Sheriff's Department, Macomb Township Fire Department & MTPR's Freckle the Frog!

Sponsored by: Genisys Credit Union

THANK YOU TO OUR SPONSORS!



Macomb Town Center Park 25 Mile Road (2 Miles East of Romeo Plank)

Registration No. 244300-A

Tuesday, June 28

Set up time: 10:00-11:00am

Sales: 11:00-11:30am and again after Rosco's Show at 12:00noon-1:30pm

(Rain Date: Tues, July 12)

MTR Fee: \$5.00 NR Fee: \$10.00
This event will coincide with "Rosco's Picnic Palooza", so we will 'close down' the shopping from 11:30am to 12:00 noon to enjoy the show!!

Pre-registration is mandatory! Register by June 22th or until spots are filled. Kids, here is your chance to buy, sell or trade toys and games at this fun "kids stuff sale"! See flver for more details!

FREE SPECIAL EVENTS



"Sizzlin' Summer Nights"

July Concerts in the Park

Thursdays - 7:00-8:30pm Macomb Town Center Park

25 Mile Road (2 Miles East of Romeo Plank)

Bring blankets and lawn chairs and enjoy **free high quality** live music outdoors, with friends and family! 'Ninety-min set concerts' will be held rain or shine, so come prepared to enjoy this sensational entertainment line-up!

BACK this year, at every concert (weather permitting) we will have a "dance floor" – so bring your 'dancing shoes'!

Kids will enjoy our "KiDzOnE" play area where they will encounter lots of fun, games, Bounce About Inflatables & surprise guests!

Concessions: Cottage Inn & Kona Ice

JULY 7 - THE 'AS IS' BAND

The best songs from every decade that will guarantee a full dance floor & a 'dance-till-vou-drop' good time!

Sponsored By: HPS Advanced Dental Care & Louie's Pizza



JULY 14 - PAISLEY FOG

Classic & timeless music hits from the 60's for everyone from "Babies to Bluehairs"! So relax, take a trip back, to the sweet sounds of an earlier time.



& Kristel Cleaning



JULY 21 - THE GROOVE COUNCIL

A jammin' 4 piece horn section & smokin' rhythm section backs up their own soul diva! Delivering your classic soul & Motown favorites the way they were meant to be heard.



Sponsored by: First State Bank

JULY 28 - AIR MARGARITAVILLE

Summer Fun Party music, featuring the songs of Jimmy Buffet! Parrothead HAT CONTEST.

Sponsored By: Spalding DeDecker Associates



THANK YOU TO OUR 2011 SPONSORS!

'MOVIE UNDER THE STARS' & Pre-Show FAMILY FUN CONCERT!

Movie Sponsored by: HUNTINGTON BANK Concert Sponsored by: Macomb Orthodontics

Friday, August 5
Event begins at 7:30pm
Movie starts approximately 9pm (Dusk)

Macomb Town Center Park 25 Mile Road (west of Broughton)

Bring your blanket or lawn chairs and come to 'Macomb Town Center Park' to watch our "to-be announced - family favorite newer release" MOVIE!



ENJOY A PRE-SHOW INTERACTIVE CONCERT WITH GUY LOUIS & THE CHAUTAUQUA EXPRESS!!



Since 1986, Guy's Family concerts have been met with rave reviews as outstanding, fast-paced musical fun for all ages!! Concessions available.

Free Glow Braclets at Dusk!

Remember to bring your flash lights!



AQUATICS

Aquatics – General Info

Macomb Township Recreation Center

Swim Testing

Anyone NEW to our program, wishing to enroll in Levels 1-4 must first participate in a REQUIRED swim test to ensure correct placement in lessons. Children should come prepared to swim. Preschool swim lessons do not require a swim test. Please refer to the class descriptions when enrolling your child in a preschool lesson.

SWIM TESTS will be conducted Monday – Friday 6:00-9:00pm at the Macomb Township Recreation Center. No appointment necessary.

SPECIAL NOTE: Participants may be registered for only one section of swim lessons at a time. Registering for consecutive sections may result in the participant being enrolled in an inappropriate level for a later section, and cancellation may be required.

MAKE-UP Swim Lessons

There will be no MAKE-UP classes or refunds for classes that participants are unable to attend.

If the pool is closed due to weather or maintenance, causing classes to be cancelled, a make-up class would occur on the next day in the sequence of classes after the last scheduled class date.

USE OF THE FACILITY

Participants will be allowed into the locker room facility **NO SOONER THAN 15 MINUTES** prior to the start of your swim lesson. Participants will be allowed in the water during their swim lesson only. See Aquatic Center schedule for times the pool is open for Open Swim.

ONLINE REGISTRATION

Swim Lessons are now available to register for online. Before you can register online for any classes you must call the recreation center for your household I.D. and password. Don't forget your swim test if you are new to the program. Placing your child in the wrong level may result in being cancelled from the class. **Must have Internet Explorer to use online registration option. Mac and Firefox not compatible.**

MACOMB TOWNSHIP PARKS & RECREATION
RESERVES THE RIGHT TO USE ALL
PHOTOGRAPHS TAKEN AT COMMUNITY
EVENTS FOR PUBLICATIONS AND/OR
PROMOTIONAL PURPOSES.

Aquatics Registration Information

SWIM LESSON REGISTRATION TIMETABLE

All swim lessons, including Adult and Private lessons will follow this schedule.

PARTICIPANTS MAY BE ENROLLED IN ONLY ONE CLASS AT A TIME.

Monday, April 25, Beginning at 6:00am – Sessions 1 – 4 are available for RESIDENT ONLINE registration.

Monday, April 25, Beginning at 12:00pm – Sessions 1 – 4 are available for RESIDENT registration (Online, Walk-In & Mail).

Thursday, April 28, 6:00am – Sessions 1 – 4 available for resident and non-resident registration.

Monday, June 6, Beginning at 6:00am – Sessions 5 & 6 are available for RESIDENT registration.

Thursday, June 9, Beginning at 6:00am – Sessions 5 & 6 are available for resident and non-resident registration.

Monday, July 25, Beginning at 6:00am – Sessions 7 & 8 are available for RESIDENT registration.

Thursday, July 28, Beginning at 6:00am – Sessions 7 & 8 are available for resident and non-resident registration.

PLEASE NOTE: Participants may be enrolled in only ONE swim class at a time. Participants enrolled in multiple sessions of swim classes will be removed from all additional classes and credits will be placed on household accounts. Please register your children for only ONE swim class at a time

MAKE-UP Swim Lessons

There will be no MAKE-UP classes or refunds for classes that participants are unable to attend.

Lifeguard Training

American Red Cross

Macomb Township Recreation Center 20699 Macomb St.

(off Broughton Rd., south of 25 Mile Rd)

Saturday – Thursday July 23 – 28 Registration No. 211115-A

3:00-8:00pm – Saturday 12:00-8:00pm – Sunday 4:00-9:00pm – Monday-Thursday

MTR Fee: \$150.00 NR Fee: \$155.00 MTRC Members receive \$5.00 discount.

Class Size: Minimum 6, Maximum 10

Ages 15 years and above (Participant MUST be 15 years by July 28, 2011). The course content and activities prepare participants to recognize and respond quickly and effectively to emergencies and prevent drowning and injuries. Participants who successfully complete this course will receive certifications in Lifequarding. First Aid. CPR and AED.





Swim Lesson Class Descriptions

Preschool Swim Lessons (6 months – 4 years)

MTR Fee: \$45.00 NR Fee: \$50.00 MTRC Members Receive \$5.00 discount

Please note: Children 5 Years of age & older should NOT be enrolled in the Preschool Program. Please look at the Learn-To-Swim Program for classes suitable for 5 years and above. The zero depth pool will be used minimally during the first 2 instruction times. All other classes will be instructed from the activity pool.

LEVEL A (6 months – 2 years)

Children 3 years & above should NOT be enrolled in this level

Parent MUST accompany child in the water

Activities include: Enter/exit water safely, feel comfortable in the water, submerge, explore buoyancy on front and back, change body position in water, and learn about choosing and using life jackets. This is a class for children who MUST have a parent with them in the water.

LEVEL B (2 – 4 years)

Children 5 years & above should NOT be enrolled in this level

This is a transition class from parent to instructor. Parents will be expected to get in the water if the instructor feels it is necessary. Children in this class may be apprehensive of the water or working with a new instructor or it may be their first experience with swimming pools. Additional skills introduced will include: submerging in a rhythmic pattern, performing combined stroke on front and back.

LEVEL C (3 - 4 years)

Children 5 years & above should NOT be enrolled in this level

Child works independently with instructor. Parents are NOT allowed in the water. Child must be comfortable going underwater and be able to listen and follow directions

Children will explore deeper parts of the pool. They will also begin working on combined strokes on front and back. Successful completion of Level C will aid in a smooth transition into Level 1.

Learn-To-Swim (5 – 12 years)
MTR Fee: \$45.00 NR Fee: \$50.00
MTRC Members Receive \$5.00 discount

Level 1 - Introduction to Water Skills

Participants will participate in activities which allow them to feel comfortable in the water and enjoy the water safely. Students will learn elementary aquatic skills such as breath control and underwater swimming, buoyancy, swimming on front and back and personal water safety. (Prerequisite: Participation in Swim Test)

Level 2 – Fundamental Aquatic Skills

Participants explore simultaneous and alternating arm and leg action on the front and back. This lays the foundation for future strokes such as freestyle, backstroke and butterfly. (Prerequisite: A Learn-to-swim Level 1 certificate or demonstrated competency of Level 1 skills through a Swim Test)

Level 3 – Stroke Development

Participants will learn to coordinate the front and back crawls. They will also learn elements for the butterfly and the fundamentals of treading water. (Prerequisite: A Learn-to-swim Level 2 certificate or demonstrated competency in Level 2 skills through a Swim Test)

Level 4 – Stroke Improvement

Participants will improve skills and increase endurance by swimming greater distances. Elementary backstroke, Breaststroke and elements of sidestroke are introduced. (Prerequisite: A Learn-to-swim Level 3 certificate or demonstrated competency in Level 3 skills through a Swim Test)

Level 4 - Swim Lessons

Macomb Township Recreation Center

Please read the descriptions and details for these lessons above. Swim Tests will be required for these classes if your child has not already participated in our swim program in the past.

There will be no make-up classes or refunds for classes that participants are unable to attend.

Please refer to the Swim Lesson Timeline for registration dates for each session on page 12.

MTR Fee: \$45.00 NR Fee: \$50.00

MTRC Members receive \$5.00 discount.

Class size: Minimum 3, Maximum 6

Session 1	Days	Dates	Time
216004-A	Mo/We	May 2-Jun 1	5:25-5:55pm
Session 2	Days	NO CLASS May 30 Dates	Time
216004-B	Tu/Th	May 3-Jun 2	4:50-5:20pm
Session 3	Days	NO CLASS May 31 Dates	Time
216004-C	Sa	Jun 18-Aug 20	9:55-10:25am
Session 5	Days	NO CLASS July 2 Dates	Time
216004-D	Mo/We	Jun 20-Jul 20 NO CLASS July 4	5:25-5:55pm
Session 6	Days	Dates	Time
216004-E	Tu/Th	Jun 21-Jul 21 NO CLASS July 5	5:25-5:55pm
Session 7	Days	Dates	Time
216004-F	Mo/We	Aug 1-Aug 29	5:25-5:55pm
Session 8	Days	Dates	Time
216004-G	Tu/Th	Aug 2-Aug 30	5:25-5:55pm



Preschool Swim Programs (Ages 6 months to 4 years)
NO CLASSES May 30-31 & July 2-5 There will be no MAK For detailed descriptions of the classes please see page 13. There will be no MAKE-UP classes or refunds for classes that participants are unable to attend. DATE/DAYS LEVEL B LEVEL C Session 1 10:10-10:40am 216007-A 9:00-9:30am 216008-A 9:35-10:05am 216009-A 216007-B 216008-AA 216009-AA 4:50-5:20pm Mo/We 11:20-11:50am 10:45-11:15am May 2-Jun 1 4:15-4:45pm 216008-B 4:50-5:20pm 216009-B 5:25-5:55pm 216008-BB Session 2 9:00-9:30am 216008-C 9:35-10:05am 216009-BB 216008-CC Tu/Th 10:10-10:40am 10:45-11:15am 216009-C May 3-Jun 2 11:20-11:50am 216008-D 4:50-5:20pm 216009-CC 4:15-4:45pm 216008-DD 5:25-5:55pm 216008-E 9:20-9:50am 216007-C 216008-EE 8:10-8:40am 216009-D Session 3 8:10-8:40am 216007-D 8:10-8:40am 216008-F 8:10-8:40am 216009-DD Sa 9:55-10:25am 216009-E Jun 18-Aug 20 10:30-11:00am 216007-E 8:45-9:15am 216008-G 8:45-9:15am 216009-F 8:45-9:15am 216008-H 8:45-9:15am 9:20-9:50am 216008-I 9:20-9:50am 216009-G 9:55-10:25am 216008-J 9:55-10:25am 216009-H 216008-K 10:30-11:00am 216009-I 10:30-11:00am 11:05-11:35am 216008-L 11:05-11:35am 216009-J 11:05-11:35am 216008-M 11:05-11:35am 216009-K Session 4 10:45-11:15am 216007-F 10:10-10:40am 216008-N 10:10-10:40am 216009-L 216008-0 10:10-10:40am 10:10-10:40am 216009-M Jun 19-Aug 21 10:45-11:15am 216008-P 10:45-11:15am 216009-N 11:20-11:50am 11:20-11:50am 216008-Q 216009-0 11:20-11:50am 216008-R 11:20-11:50am 216009-P 216007-G 216008-S 9:35-10:05am 216009-Q Session 5 10:10-10:40am 9:00-9:30am Mo/We 4:50-5:20pm 216007-H 11:20-11:50am 216008-T 10:45-11:15am 216009-R Jun 20-Jul 20 4:15-4:45pm 216008-U 4:50-5:20pm 216009-S 4:50-5:20pm 5:25-5:55pm 216008-V 216009-T 216007-I 216008-W 216009-U Session 6 4:50-5:20pm 9:00-9:30am 9:35-10:05am 216008-X 216009-V Tu/Th 10:10-10:40am 10:45-11:15am 216008-Y 216009-W Jun 21-Jul 21 11:20-11:50am 4:50-5:20pm 216008-Z 216009-X 4:15-4:45pm 4:50-5:20pm 5:25-5:55pm 216008-ZA Session 7 10:10-10:40am 216007-J 9:00-9:30am 216008-ZB 9:35-10:05am 216009-Y Mo/We 4:50-5:20pm 216007-K 11:20-11:50am 216008-ZC 10:45-11:15am 216009-Z Aug 1-Aug 29 4:15-4:45pm 216008-ZD 4:50-5:20pm 216009-ZA 5:25-5:55pm 216008-ZE 4:50-5:20pm 216009-ZB Session 8 4:50-5:20pm 216007-L 9:00-9:30am 216008-ZF 9:35-10:05am 216009-ZC Tu/Th 10:10-10:40am 216008-ZG 10:45-11:15am 216009-ZD 216009-ZE Aug 2-Aug 30 216008-ZH 4:50-5:20pm 11:20-11:50am 216009-ZF 4:15-4:45pm 216008-ZI 4:50-5:20pm 5:25-5:55pm 216008-ZJ

CPR & First Aid Training

Macomb Township Recreation Center

Be prepared for breathing and cardiac emergencies for people of all ages. This eight hour course teaches easy-to-learn emergency procedures to use in critical life threatening situations as well as first aid procedures. Upon successful completion of this class you will receive certifications in Adult, Child, and Infant CPR and First Aid. (30 minutes will be allotted for lunch – bring a sack lunch or money).

MTR Fee: \$70.00 NR Fee: \$75.00 MTRC Members receive \$5.00 discount.

Class Size: Minimum 8, Maximum 16

Time Session I Days **Dates** 241115-A Su May 15 9:00am-5:00pm 241115-B Su Jun 5 9:00am-5:00pm 241115-C Su Aug 14 9:00am-5:00pm

Red Cross BabySitting Training Course

Macomb Township Recreation Center

This very popular 2-day course, taught by Sgt. Adam Munro of the Macomb Twp. Fire Dept., will give 11-15 yr. olds the knowledge, skills, and confidence to care for infants and school-age children. Combining video, activities, hands-on skills training and discussion for the most complete experience. Participants will learn how to: perform first aid & get professional medical help fast, identify common safety hazards & prevent injuries, make good responsible decisions, perform basic care routines like diapering, feeding and dressing. Please bring a baby doll and a snack along with you! Fee Includes: American Red Cross Certification/card & Babysitter's Training Handbook, valued at \$25.00.

MTR Fee: \$50.00 NR Fee: \$55.00 MTRC Members receive \$5.00 discount. 2-Day Class (Max: 18 students)

 Session
 Days
 Dates
 Time

 241512-E
 Th/Fr
 Jun 23 & 24
 12:00-4:00pm

 241512-F
 Th/Fr
 Jul 14 & 15
 12:00-4:00pm

	vim Programs (A ny 30-31 & July 2-5			or refunds for classe	the classes please see es that participants are u	inable to attend.
DATE/DAYS	LEVEL		LEVE		LEVE	
Session 1 Mo/We May 2-Jun 1	4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216001-A 216001-AA 216001-B	4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216002-A 216002-B 216002-C	4:15-4:45pm	216003-A
Session 2 Tu/Th May 3-Jun 2	4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216001-BB 216001-C 216001-CC	4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216002-D 216002-E 216002-F	4:15-4:45pm 5:25-5:55pm	216003-B 216003-C
Session 3 Sa Jun 18-Aug 20	8:10-8:40am 8:10-8:40am 8:45-9:15am 8:45-9:15am 9:20-9:50am 9:20-9:50am 9:55-10:25am 10:30-11:00am 10:30-11:00am	216001-D 216001-DD 216001-E 216001-E 216001-F 216001-F 216001-G 216001-G 216001-H 216001-HH 216001-I	8:10-8:40am 8:45-9:15am 9:20-9:50am 9:55-10:25am 10:30-11:00am 11:05-11:35am 11:05-11:35am	216002-G 216002-H 216002-I 216002-J 216002-K 216002-L 216002-M	9:20-9:50am 10:30-11:00am	216003-D 216003-E
Session 4 Su Jun 19-Aug 21	10:10-10:40am 10:45-11:15am 10:45-11:15am 11:20-11:50am	216001-II 216001-J 216001-K 216001-L	10:10-10:40am 10:45-11:15am 11:20-11:50am	216002-N 216002-0 216002-P		
Session 5 Mo/We Jun 20-Jul 20	9:00-9:30am 9:35-10:05am 10:10-10:40am 10:45-11:15am 11:20-11:50am 4:15-4:45pm 4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216001-M 216001-N 216001-0 216001-P 216001-Q 216001-R 216001-S 216001-T 216001-U	9:00-9:30am 9:35-10:05am 10:45-11:15am 11:20-11:50am 4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216002-Q 216002-R 216002-S 216002-T 216002-U 216002-V 216002-W	10:10-10:40am 4:15-4:45pm 5:25-5:55pm	216003-F 216003-G 216003-H
Session 6 Tu/Th Jun 21-Jul 21	9:00-9:30am 9:35-10:05am 10:10-10:40am 10:45-11:15am 11:20-11:50am 4:15-4:45pm 4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216001-V 216001-W 216001-X 216001-Y 216001-Z 216001-ZA 216001-ZB 216001-ZC 216001-ZD	9:00-9:30am 9:35-10:05am 10:45-11:15am 11:20-11:50am 4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216002-X 216002-Y 216002-Z 216002-ZA 216002-ZB 216002-ZC 216002-ZD	10:10-10:40am 4:15-4:45pm 5:25-5:55pm	216003-I 216003-J 216003-K
Session 7 Mo/We Aug 1-Aug 29	9:00-9:30am 9:35-10:05am 10:10-10:40am 10:45-11:15am 11:20-11:50am 4:15-4:45pm 4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216001-ZE 216001-ZF 216001-ZG 216001-ZH 216001-ZI 216001-ZJ 216001-ZK 216001-ZL 216001-ZM	9:00-9:30am 9:35-10:05am 10:45-11:15am 11:20-11:50am 4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216002-ZE 216002-ZF 216002-ZG 216002-ZH 216002-ZI 216002-ZJ 216002-ZK	10:10-10:40am 4:15-4:45pm 5:25-5:55pm	216003-L 216003-M 216003-N
Session 8 Tu/Th Aug 2-Aug 30	9:00-9:30am 9:35-10:05am 10:10-10:40am 10:45-11:15am 11:20-11:50am 4:15-4:45pm 4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216001-ZN 216001-ZO 216001-ZP 216001-ZQ 216001-ZR 216001-ZS 216001-ZT 216001-ZU 216001-ZU	9:00-9:30am 9:35-10:05am 10:45-11:15am 11:20-11:50am 4:15-4:45pm 4:50-5:20pm 5:25-5:55pm	216002-ZL 216002-ZM 216002-ZN 216002-ZO 216002-ZP 216002-ZQ 216002-ZR	10:10-10:40am 4:15-4:45pm 5:25-5:55pm	216003-0 216003-P 216003-Q

Additional Aquatic Programs on pages 12, 13 & 16.

ATTENTION AQUATICS PARTICIPANTS: Participants will be allowed into the locker room facility no sooner than 15 minutes prior to the start of your swim lesson. Participants will be allowed in the water during their swim lesson only. See Aquatic Center schedule for times the pool is open for Open Swim.



Come and splash away the pounds with our NEW water aerobics program. This shallow water workout program combines water and weights for a thorough cross training



experience. You will notice an increase in strength and cardiovascular fitness. This class caters to all fitness levels. Beginners are encouraged to attend. It's a great program for anyone and is particularly suited to those who experience minor joint, knee or back problems.

Punch Cards will be picked up on the pool deck the first day of class. Punch cards can only be used for WATER AEROBIC Classes. Card must be shown at the front desk for admittance into the building and brought out onto the pool deck to be accounted for.

14 Class Punch Card:

MTR Fee: \$62.00 NR Fee: \$67.00 MTRC Members receive \$5.00 discount

7 Class Punch Card:

MTR Fee: \$31.00 NR Fee: \$36.00 MTRC Members receive \$5.00 discount

Drop-in fee during sessions is \$10.00 per class. Drop-in fee between sessions is \$5.00 per class

Session 1 Class Schedule

May 2-June 20 (NO CLASSES May 30.)

Mo-Th 9-10am Tu & Th 6-7pm

221319-A 14 punch card 221319-B 7 punch card Registration Deadline: April 29

Session 2 Class Schedule

July 11-August 25

Mo-Th 9-10am Tu & Th 6-7pm

221319-C 14 punch card 7 punch card

Registration Deadline: July 8

Drop in classes, if offered, will be available between Session 1 & 2. Drop in Schedule will be posted in the Aquatic Center June 13, 2011. Punch cards MAY NOT be used for these classes.

See Aquatics General information for Make-up Policy.

MTPR Cancellations Hotline (586) 992-2909

Adult & Private Swim Lessons

Macomb Township Recreation Center

20699 Macomb St. (off Broughton Rd., south of 25 Mile Rd.)

Participants will discuss their goals for this class with the instructor prior to beginning class. Instructor will cater the lesson to meet your goals. Whether you want to refine strokes or have never been in the water before, we will get you moving in the direction you need. Pairing of student is not provided by MTPR for Semi-Private lessons and must be registered at the same time. There will be no make-up classes or refunds for classes that participants are unable to attend.

Please refer to the Swim Lesson Timeline for registration dates for each session. Pa. 12

Adult & Private Lessons

MTR Fee: \$90.00 NR Fee: \$95.00 MTRC Members receive \$5.00 discount.

Semi Private Lessons

226001-R

Tu/Th

(i.e., Sibling, Friend of same skill level)

MTR Fee: \$70.00 per person NR Fee: \$75.00 per person

MTRC Members receive \$5.00 discount.

WITHO MICH	יוטטוט ווטטו	cive 45.00 discount.	
Session 1 226001-A	Days Mo/We	Dates May 2-Jun 1	Time 7:00-7:30pm
226001-B 226001-C	Mo/We Mo/We	May 2-Jun 1 May 2-Jun 1	7:35-8:05pm 8:10-8:40pm
220001-G	IVIO/ VVE	NO CLASS May 30	0.10-0.40piii
Session 2	Days	Dates	Time
226001-D	Tu/Th	May 3-Jun 2	7:00-7:30pm
226001-E	Tu/Th	May 3-Jun 2	7:35-8:05pm
226001-F	Tu/Th	May 3-Jun 2	8:10-8:40pm
		NO CLASS May 31	·
Session 5	Days	Dates	Time
226001-G	Mo/We	Jun 20-Jul 20	7:00-7:30pm
226001-H	Mo/We	Jun 20-Jul 20	7:35-8:05pm
226001-I	Mo/We	Jun 20-Jul 20	8:10-8:40pm
		NO CLASS July 4	
Session 6	Days	Dates	Time
226001-J	Tu/Th	Jun 21-Jul 21	7:00-7:30pm
226001-K	Tu/Th	Jun 21-Jul 21	7:35-8:05pm
226001-L	Tu/Th	Jun 21-Jul 21	8:10-8:40pm
		NO CLASS July 5	
Session 7	Days	Dates	Time
226001-M	Mo/We	Aug 1-Aug 29	7:00-7:30pm
226001-N	Mo/We	Aug 1-Aug 29	7:35-8:05pm
226001-0	Mo/We	Aug 1-Aug 29	8:10-8:40pm
Session 8	Days	Dates	Time
226001-P	Tu/Th	Aug 2-Aug 30	7:00-7:30pm
226001-Q	Tu/Th	Aug 2-Aug 30	7:35-8:05pm

Aug 2-Aug 30

8:10-8:40pm

SENIOR ACTIVITIES



CREATING COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMS

Senior Matinee

Ages 55 & Up

Marvin Blank Senior Center 19925 23 Mile Rd. (one mile east of Romeo Plank)

Come spend the afternoon with us as we transform the Senior Center into a movie theater! Each movie shown will be a

"Newer Release," please check our monthly calendar posted on our website: www.macomb-mi.gov to find out which movie we will be showing on the big screen. The registration fee is for related refreshment costs.

Movie donated by Blockbuster of Macomb (21 Mile & Card Rd.)

MTR Fee: \$1.00 NR Fee: \$2.00 Fridays ~ 12:30-2:30pm

> May 13, 2011 July 29, 2011 August 19, 2011



Ages 55 & Up

Marvin Blank Senior Center 19925 23 Mile Rd.

(one mile east of Romeo Plank)

Check-In: 12:45pm with Play Beginning at 1:00pm

Registration Deadline: One week before party

MTR Fee: \$6.00 NR Fee: \$11.00

Reg. No.	Day	Date	Time
224202-A	Fr	May 13	12:45pm
224202-B	Fr	Jun 10	12:45pm
224202-C	Fr	Aug 26	12:45pm
		Ž ,	

Come join us for an afternoon Senior Euchre Party! Sign up as a single player and your partner and opponents will be chosen in a "Luck of the Draw" format. Not only will this be a fun party, it is a great opportunity to meet new people!

INCLUDES: Euchre Party entry fee of 8 rounds, snacks, coffee, one entry into door prize raffle and prizes for the top finishers. (Remember: Snacks will not be served until half way through the event - so be sure to eat an early lunch before arriving!)

Limited to the first 60 Participants.

"Blue Jean Lady" Senior Bracelet Class

Macomb Township Senior Center

Wednesday, May 18 10:00am-12:00pm

Registration No. 234000-A

MTR Fee: \$15.00 NR Fee: \$20.00

Instructor: Sandi Kirk

Class size: Minimum 6, Maximum 12

Join us at the Senior Center to make this gorgeous and fun bracelet. Perfect to wear with jeans or dress up, this bracelet is made with Blue Goldstone gemstones and gold foiled beads to create an eye catching design. 22 gold plated pewter rose beads add a little fun. Easy stringing techniques make this appropriate for all levels of experience. All material fees are included in the registration fee.

Retired & Senior Volunteer Program (RSVP)

FREE Information Seminar & Orientation (Ages 55 & Up) Marvin Blank Senior Center

Wednesday, June 29 10:00am-12:00pm Registration No. 234000-E

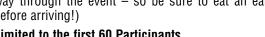
Registration Deadline: Wed., June 22

RSVP of Macomb is part of the National Senior Corps under the Corporation for National and Community Service. The organization matches the personal interests and skills of older

Americans with a variety of opportunities to serve their communities such as tutors, clerical volunteers, hospital volunteers, knitters and sewers.

If you are looking to get involved please join us for this noobligation information meeting. This half hour session will be followed by an RSVP Orientation meeting for those who are interested in becoming RSVP of Macomb members.

Pre-registration is recommended to ensure the availability of handouts. To pre-register, call 586-992-2900.



Chicks with Sticks

Knitting & Crochet Group for Seniors 55 & Up

Please join us every Thursday at the Macomb Township Senior Center from 10:00am-12:30pm to knit & crochet. It does not



matter on your level of experience – this group is for both the beginner and the experienced. It is a great opportunity to meet new people and share your talents.

We ask that you bring all your own supplies. Yarn and needles are available for practice.

Please note: The group will not meet on May 26th, July 7th or July 28th.

SENIOR ACTIVITIES

Health & Wellness Lectures For Those "55 or Better"



Sponsored by St. John Providence Health System's CareLink in partnership with Macomb Township Parks and Recreation

19925 23 Mile Road (one mile east of Romeo Plank Rd.)

Pre-registration recommended ensuring availability of adequate refreshments and handouts. To pre-register, call 586-992-2900.

LEG CIRCULATION, PAD & BLOOD FLOW (& FREE PAD SCREENING)

Tuesday, May 17 10:00-11:00am Registration No. 234000-F



Class size: Maximum 50

Artery blockages in the legs can

indicate heart disease and increase the risk for a heart attack or stroke. Learn about peripheral artery disease (PAD), how early intervention is critical and about a non-invasive screening for leg circulation. Free PAD screenings offered following the lecture. Refreshments provided.

Presenter: Thomas Davis, MD, Cardiologist and Medical Director, Cardiac Cath Lab and Director, Peripheral Vascular Services, St. John Hospital and Medical Center

COPING WITH RESPIRATORY & ASTHMA PROBLEMS

Tuesday, June 21 10:00-11:00am Registration No. 234000-G Class size: Maximum 50





Learn about the common causes of respiratory problems and how to cope with symptoms, such as wheezing, shortness of breath, chest tightness, reoccurring infections and chronic coughing. Plus, information about treating and controlling symptoms will be shared. Refreshments provided.

Presenter: Gary A. Reinheimer, MD, Allergist and Immunologist on staff at St. John Hospital and Medical Center

FLU, SHINGLES & PNEUMONIA VACCINATION UPDATES



Marvin Blank Senior Center







Everyone is familiar with vaccinations for babies and children, but why do older adults need vaccinations? Are you up-to-date? Learn what is currently recommended, and why certain vaccines are needed to prevent infection and keep you healthy. Additionally, you will learn about the benefits and risks related to your decision to take or not to take a vaccine.

Presenter: Mohamad Fakih, MD, MPH, Medical Director, Infection Prevention and Control, St. John Hospital and Medical Center

COPING WITH ARTHRITIS

Tuesday, August 16 10:00-11:00am Registration No. 234000-I Class size: Maximum 50



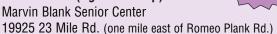


Arthritis is common and painful. What can you do to manage your arthritis? Learn how to manage the pain, reduce associated risks, protect your joints and possibly slow the progression of arthritis. Refreshments provided.

Presenter: Mary Audia-Vallier, OTRL, Occupational Therapist and Certified Arthritis Instructor, St. John Hospital and Medical Center

Health & Humor

FREE EVENT (Ages 55 & Up)



Wednesday, May 25 10:00-11:30am Registration No. 234000-B

Registration Deadline: Wednesday, May 18, 2011

Class Size: Minimum 10 Maximum 60

Did you know there is a relationship between your physical/mental health and your sense of humor? Please join us for this free seminar that will focus on the benefits of infusing your day with humor, as well as suggestions for growing your humor.

Hearing Aid Assistance Program



FREE EVENT (Ages 55 & Up)

Marvin Blank Senior Center

Wednesday, June 15 7:00-8:00pm

Registration No. 234000-D



Registration Deadline: Wednesday, June 8, 2011

Class Size: Minimum 20, Maximum 60

Hearing loss is a sudden or gradual decrease affecting just how well you can hear depending on your individual situation. The most common causes of hearing loss are noise and age.

The Lions District 11A2 has formed a new hearing aid program. Please join us for this informational presentation that will primarily focus on a program that may help you or someone you know with a hearing disability to get "quality" affordable hearing aids.

SENIOR ACTIVITIES



SUMMER & TRIAL MEMBERSHIPS DO NOT QUALIFY FOR MEMBERSHIP DISCOUNT

Mental Fitness Workshop/Presentation

FREE EVENT (Ages 55 & Up)

Marvin Blank Senior Center 19925 23 Mile Rd. (one mile east of Romeo Plank Rd.)



August 24 & August 31 10:00-11:30am

Registration No. 234000-C

Registration Deadline: Wednesday, August 17, 2011

Class Size: Minimum 10 Maximum 60

Please join us for this two-part presentation aimed at toning your mental state. Learn ways to hone your thinking and learning skills through exploring awareness, communication, curiosity and the importance of "challenge."

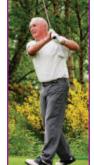
Senior Golf "Pay & Play"

New Location Hickory Hollow Golf Course

49001 North Ave (North of 21 Mile)

Come join a great group of people for a spring/summer season of golf. This non-competitive program invites men & women ages 55+ to enjoy 9 holes every Monday.

Tee-times will range between 8:00-9:00am and will be assigned on a first come first serve basis. A lunch banquet will follow at the conclusion of the season.



A Weekly prize for closest to the pin will be provided by Hickory Hollow or MTPR.

Registration now underway, but can be taken anytime!

A pre-Season Meeting will be held Mon April 25 at 9:00am at Hickory Hollow

Season:

Monday, May 2 - Monday, August 29th 2011

MTR Fee: \$5.00 registration fee NR Fee: \$10.00 registration fee

Greens Fees to be paid directly to the course weekly. \$8.00 (9 holes walking) / \$15.00 (9 holes w/ cart)

Reg. No . Days Dates Time 132401-A Mo May 2-Aug 29 8:00am

MTPR CANCELLATIONS HOTLINE (586) 992-2909

Senior/Adult Volleyball Play

Macomb Township Recreation Center

Tuesdays, 9:00am-11:00am

Seniors/Adults come play Volleyball every Tuesday morning!

This program is free for members.

Senior/Adult Basketball Play

Macomb Township Recreation Center

Thursdays, **9:00** am – **11:00**am Seniors/Adults come play Basketball every Thursday morning!

This program is free for members.



Senior Pickleball

Macomb Township Recreation Center

Mondays & Wednesdays (4 Courts)

8:00-10:00am Beginners 10:00am-2:00pm Advanced

Fridays (2 Courts)

8:00-10:00am Beginners 10:00am-2:00pm Advanced



A very popular sport, with an unlikely name, has found its way to Macomb Township! Pickleball is a sport described as "a combination of ping-pong, tennis, and badminton". Smaller than a Tennis game- larger than a Table Tennis game- Pickleball is played on a badminton size court. Played with a paddle and a wiffle ball, this game is a lot of fun whether you are a beginner or a more advanced player. No equipment needed for beginner participants! **This program is free for members.**

Beginner Instruction is held the 1st & 3rd Monday of every month from 9-10am.

Tom Valentine of "Pickleball Goodies", will conduct a beginner clinic on the 2nd WED of every month from 9-10am. 'Pickleball Goodies' will display pickleball paddles, balls etc., at these clinics!

Forever Fit

"It's never too late to start feeling great!"

Macomb Township Recreation Center

Ages 55 & Up

"Use it or lose it." There's no population that benefits more from exercise than seniors. This program is designed with easy to follow exercises for beginners ages 55 & over. This class will help reduce the risks of many age-related medical conditions such as arthritis, diabetes, obesity, high blood pressure & cholesterol, osteoporosis, bone fractures, heart disease & depression.

MTR Fee: \$55.00 NR Fee: \$60.00 (\$10 late fee*)

MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
231309-A	Tu/Th	May 3-Jun 16	8:30-9:30am
Session II	Days	Dates	Time
231309-B	Tu/Th	July 12-Aug 25	8:30-9:30am



SENIOR & ADULT FITNESS

Gentle Yoga for Seniors

Macomb Township Recreation Center

This class is especially for seniors and less flexible beginners over 50. These gentle stretching exercises inspire and support increased vitality, strength and flexibility. The benefits of practicing yoga are endless and they hold true at any age. Please bring a



yoga mat and be prepared to work in bare feet.

MTR Fee: \$36.00 NR Fee: \$41.00 MTRC Members receive \$5.00 discount

Instructor: Jasmin L. Cromwell

Each Session Meets four consecutive weeks

Class size: Minimum 4, Maximum 20

Session	Day	Dates	Time
231309-C	Fr	Jun 3-Jun 24	10:00-11:00am
231309-D	Fr	Jul 8-Jul 29	10:00-11:00am

Complete Body Toning

Macomb Township Recreation Center

This non-impact, toning and shaping class utilizes light weights. It's motivating and sure to tone every square inch of your body. Using weights is important for women to build bone density, but the truth is that working with weights increases your metabolism while creating more lean muscle. Great for all fitness levels. Please bring mats and weights to class.

MTR Fee: \$31.00 NR Fee: \$36.00 MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
221302-A	Th	May 5-Jun 16	10:45-11:45am
Session II	Days	Dates	Time
221302-B	Th	July 14-Aug 25	10:45-11:45am

Total Body Transformation Training

Macomb Township Recreation Center

We will motivate and transform your mind and body with this new Total Body Transformation workout. This high energy workout will have you sweating and shedding those unwanted pounds in no time! Guaranteed to boost your metabolism and is specifically geared to help you lose body fat and achieve a high level of physical conditioning. This class will definitely challenge and motivate you! This class includes a variety of cardio with interval and strength training techniques. Please bring mats and weights to class.

MTR Fee: \$31.00 NR Fee: \$36.00 (\$10 late fee*) MTRC Members receive \$5.00 discount

Session I 221326-A	Days Mo	Dates May 2-June 20	Time 7:45-8:45pm
221326-B	We	May 4-June 15	7:45-8:45pm
Session II	Days	Dates	Time
221326-C	Mo	July 11-Aug 22	7:45-8:45pm
221326-D	We	July 13-Aug 24	7:45-8:45pm

No class on Mon. May 30th Memorial Day

Aerobic Class Policies

Late Registration Fee – Participants who register after the registration date will be assessed a late registration fee per class. Mail-in registrations postmarked on or before these dates will not be assessed this fee.

Late Fee: \$10.00 per class
Registration Deadline:

Session I: Friday, May 13, 2011 Session II: Friday, July 8, 2011

Late registration fee will be assessed to all registering participants after the above indicated dates.

*Participants who are currently registered in class, who wish to register for an additional card during session for the same priced class, will not be assessed the late fee

Aerobic Class Sign-In

All participants will be required to sign-in on a roster sheet upon entering the Aerobics Room each time they attend class. Aerobic Participants can attend only the class they are registered for. Make-up classes will only be offered in the event the Department cancels classes due to weather or maintenance.

Drop-In Aerobics

During non scheduled aerobic weeks, the Macomb Township Recreation Center will conduct drop-in aerobics classes daily. The fee is \$5.00 per class held Monday-Saturday. During regular sessions, the drop-in rate is \$10.00 per class.

SUMMER & TRIAL MEMBERSHIPS DO NOT QUALIFY FOR MEMBERSHIP DISCOUNT

Turbo Jam (Cardio Kickboxing)

Macomb Township Recreation Center

Get ready for this ultimate cardio, kickboxing and body-sculpting workout! Personal Trainer Maria Marino has combined some of the highest energy and motivating aerobics moves together with the aggressive, hard edge similar TAE-BO class moves. Blast body fat from head to toe while strengthening your core. Please bring mat and weights.



MTR Fee: \$31.00 NR Fee: \$36.00 MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
221301-A	Th	May 5-Jun 16	9:45-10:45am
221301-B	Th	May 5-Jun 16	7:00-8:00pm
221301-C	Sa	May 7-Jun 18	8:00-9:00am
Session II	Days	Dates	Time
221301-D	Th	Jul 14-Aug 25	9:45-10:45am
221301-E	Th	Jul 14-Aug 25	7:00-8:00pm
221301-F	Sa	Jul 16-Aug 27	8:00-9:00am

ADULT FITNESS



YOGA CLASSES

Macomb Township Recreation Center

Fitness Yoga

A strong dynamic form of yoga. This type of class is ideal for increasing flexibility and toning while sculpting and strengthening the muscles. You will leave feeling strong with a calm mind. Great for those who wish to reduce mental and physical stress. Please bring mats to class.

MTR Fee: \$55.00 NR Fee: \$60.00 (*\$10 late fee)

MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
221303-A	Tu	May 3-Jun 14	7:15-8:15pm
Session II	Days	Dates	Time
221303-B	Tu	Jul 12-Aug 23	7:15-8:15pm

Yoga for Healthy Backs

This yoga class is designed to promote and maintain a healthy spine. This class will help promote more flexibility and strength throughout the entire body. Practice is slow and gentle and suited for all levels. No yoga experience necessary. You will leave feeling strong with a calm mind. Great for those who wish to reduce mental and physical stress. Please bring mat to class.

7 weeks

MTR Fee: \$55.00 NR Fee: \$60.00 (*\$10 late fee) MTRC Members receive \$5.00 discount

Session I Days **Dates** Time 221303-C We May 4-Jun 15 6:00-7:00pm **Dates** Session II Days Time 221303-D We Jul 13-Aug 24 6:00-7:00pm

Slow Flow Yoga (Beginners)

Slow Flow Yoga is a slower paced yoga class that takes time and focuses on the fundamentals of yoga. This class offers balanced yoga that cultivates strength and flexibility throughout the whole body and links posture and slow breathing. Slow Flow yoga provides toning and strengthening the body, developing a flexible spine, clarity, the ability to focus and concentrate and greater self-awareness. Please remember to bring a yoga mat, wear comfortable clothes, and be prepared to practice in bare feet. All yoga levels are welcome.

7 weeks

MTR Fee: \$55.00 NR Fee: \$60.00 (*\$10 late fee) MTRC Members receive \$5.00 discount

Session I Days Dates Time 221303-E 7:10-8:10pm We May 4-Jun 15 Session II Dates Days Time 221303-F We Jul 13-Aug 24 7:10-8:10pm

Pilates/Yoga For Weight Loss

A yoga class for obtaining a strong core using slow stretches, muscle control, and flowing sequences to raise heart rate and metabolism. Change the way you use your breath to calm the body and the mind. Obtain flexibility, core strength, muscle endurance, and a more peaceful mind on and off the mat.



MTR Fee: \$55.00 NR Fee: \$60.00 (*\$10 late fee) MTRC Members receive \$5.00 discount.

Session I	Days	Dates	Time
221306-A	Tu	May 3-Jun 14	6:00-7:00pm
221306-B	Fr	May 6-Jun 17	9:30-10:30am
Session II	Days	Dates	Time
221306-C	Tu	Jul 12-Aug 23	6:00-7:00pm
221306-D	Fr	Jul 15-Aug 26	9:30-10:30am

Baby And Me Yoga

Nurture your baby while you care for yourself. Yoga is great for anyone and this class will carry you smoothly through the busy early months of caring for a new baby. It will allow you the opportunity to connect with your baby by using interactive, slow-moving postures. Feel free to feed or diaper your baby during class. Moms and babies from 4 weeks to crawling are welcome. Please bring a yoga mat and a baby blanket and be prepared to work in bare feet.

MTR Fee: \$36.00 NR Fee: \$41.00 MTRC Members receive \$5.00 discount

Instructor: Jasmin L. Cromwell

Each Session Meets four consecutive weeks Class size: Minimum 4, Maximum 20

Session	Day	Dates	Time
221303-I	Mo	Jun 6-Jun 27	10:00-11:00am
221303-J	Mo	Jul 11-Aug 1	10:00-11:00am

Relaxation, Meditation & More!

Macomb Township Recreation Center

By learning to live in the present moment, you will enjoy your life to the fullest. People who routinely make an effort to relax and gain clarity tend to be more productive throughout the busy day. In this simple meditation class you will learn the steps involved with quieting the mind, reducing stress, recognizing opportunities and tapping into your intuition. Practicing conscious breathing on a regular basis will greatly improve your quality of health. Meditation is the key to all possibilities. Stay Calm.

One-day per week class: (4 weeks)
MTR Fee: \$36.00 NR Fee: \$41.00
MTRC Members receive \$5.00 discount

Instructor: Susi Walter

Class size: Minimum 5, Maximum 15

Session I	Days	Dates	Time
241512-A	Th	May 5, 12, 19, 26	6:30-8:30pm
Session II	Days	Dates	Time
241512-B	Fr	Jun 3, 10, 17, 24	6:30-8:30pm
Session III	Days	Dates	Time
241512-C	We	Jul 6, 13, 20, 27	6:30-8:30pm
Session IV	Days	Dates	Time
241512-D	Tu	Aug 9, 16, 23, 30	6:30-8:30pm



ADULT FITNESS

SUMMER & TRIAL MEMBERSHIPS DO NOT QUALIFY FOR MEMBERSHIP DISCOUNT

ZUMBA PROGRAMS

Zumba

Macomb Township Recreation Center

Join the latest craze in the area! Zumba Fitness is here!!! Mixed with dance & fitness moves this latin-inspired fitness class will make you sweat up to 600 calories and you'll be coming back for more! You don't need to know how to dance just how to have fun!!! Zumba



involves a high & low intensity workout with international rhythms & music designed to give you a great time and a great body!

7 weeks

MTR Fee: \$57.00 NR Fee: \$62.00 (*\$10 late fee)

MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
221334-A	Tu	May 3-Jun 14	7:00-8:00pm
221334-B	Fr	May 6-Jun 17	9:30-10:30am
Session II	Days	Dates	Time
221334-C	Tu	Jul 12-Aug 23	7:00-8:00pm
221334-D	Fr	Jul 15-Aug 26	9:30-10:30am

Zumba (Beginners)

Macomb Township Recreation Center

Exercise in Disguise! Zumba is a Latin-inspired, dance fitness class that incorporates Latin music and dance movements. This is the hottest dance craze! This class is designed for the beginner, the active older adult. It's easy to follow! The main difference is that Zumba beginners is done at a lower intensity, not so fast, but just as much fun!

7 weeks

MTR Fee: \$49.00 NR Fee: \$54.00 (\$10 late fee*)

MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
231309-Е	Mo	May 2-Jun 20	9:00-9:45am
Session II	Days	Dates	Time

No class on Mon. May 30th Memorial Day

MTPR CANCELLATIONS HOTLINE

(586) 992-2909

Small Private Group Training Class

Macomb Township Recreation Center

Triple your fun and share the cost!

Train with friends, family, neighbors or coworkers! Start your own group or join a group. We offer small group training for 3 to 6 participants. Small group personal training offers you the benefits of having your own trainer... at a fraction of the cost of private training. And perhaps best of all – It's FUN!! Let a personal trainer lead you through a challenging, full body weight workout that will get you in the best shape of your life!!! Please contact Personal Trainer Maria Marino to set up your appointments! Morning and evening appointments available!!

3-4 People — Must sign up as a group. Class Cost: \$120 per person 6 weeks, one day per week

Personal Group Training

Macomb Township Recreation Center

Maria Marino, certified personal trainer, will lead you through an intense fitness program designed to put you in the best shape of your life. This high energy workout will have you sweating, losing fat, increasing muscle and shedding those unwanted pounds in no time! Guaranteed to boost your metabolism! You'll be surrounded by people just like you, who want to make dramatic changes in their physical and mental well-being. This class includes a variety of cardio with interval and strength training techniques.

Class may consist of 7 to 10 participants!!

MTR Fee: \$90.00 **NR Fee:** \$95.00 (*\$10 late fee)

MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
221317-A	Fr	May 6-Jun 10	9:30-10:30am
Session II	Days	Dates	Time
221317-B	Fr	Jul 15- Aug 19	9:00-10:00am

Interval Training

(Cardio & Weights Combo)

Macomb Township Recreation Center

Burn fat with a cardio & weight training workout that alternates segments of cardio with segments of weight training. We've added an incredible abdominal segment to make this a total body workout. Designed to maximize your strength & firm your entire body! Please bring mats and weights to class.

MTR Fee: \$31.00 NR Fee: \$36.00 MTRC Members receive \$5.00 discount

Session I 221314-A 221314-B	Days Mo We	Dates May 2-Jun 20 May 4-Jun 15	Time 9:30-10:30am 9:30-10:30am
Session II	Days	Dates	Time
221314-C	Μo	Jul 11-Aug 22	9:00-10:00am
221314-D	We	Jul 13-Aug 24	9:00-10:00am

No class on Mon. May 30th Memorial Day

ADULT FITNESS



Swim Suit Season Fitness Challenge

Macomb Township Recreation Center

With spring break right around the corner, this year start early, and show off that great body when you hit the beach. Get ready to have fun, burn fat, build muscle and sculpt your entire body! Taught by a personal trainer. This basic and effective workout is progressive each week to get you in your best shape ever. We will have you sweating and shedding those unwanted pounds in no time! It's time to boost your metabolism, lose body fat and sculpt your body from head to toe. Please bring mat and weights to class!

MTR Fee: \$31.00 NR Fee: \$36.00 (*Late Fee: \$10)

MTRC Members receive \$5.00 discount

Session I	Day	Dates	Time
221317-C	Th	May 5-Jun 16	8:05-9:05pm
Session II	Day	Dates	Time
221317-D	Th	Jul 14-Aug 25	8:05-9:05pm

The Challenge

Macomb Township Recreation Center

The name says it all. If you are ready to challenge yourself to be stronger, to change your body, and to give it your all, this is your class. Every class you will be expected to work hard and to push yourself to a new level. We believe that testing yourself is the best way to achieve your fitness goals. This is an anything goes class! Outside, inside, rain, or shine, be prepared for workouts that may entail getting dirty and wet. Class participants will run, tire flip, log carry, sled pull, SUV push, dumbbell lift, partner challenge, circuit train, and of course body weight workouts. We will also devote one day a week to cardiovascular training. The Challenge will be lead by Certified Personal Trainers who will make sure your movements are being done safely and correctly to achieve maximum results.

Minimum: 8, Maximum: 20
Three-day per week class:

MTRC Fee: \$180.00 NR Fee: \$185.00 MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
221400-C	M/W/Th	May 2-Jun 16	6:00-7:00pm
Session II	Days	Dates	Time
221400-D	M/W/Th	Jul 11-Aug 25	6:00-7:00pm

No Class May 30th

FRIENDLY REMINDER...

Nothing ruins a good program quicker than everyone waiting until the last minute to register!

Please register early to ensure that the program will run.

Circuit Blast! (am & pm)

Macomb Township Recreation Center

Jump from station to station for an intense calorie burning and strength training workout all in one! With different types of fitness equipment including BOSU balls, Jump Rope, Medicine Balls, and more...we guarantee you will leave sweating, and shedding those unwanted pounds. You will get maximum results with this class. All fitness levels welcome!

Please bring mats to class.

MTR Fee: \$31.00 NR Fee: \$36.00 (*Late Fee: \$10)

MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
221328-A	Tu	May3-Jun 14	9:30-10:30am
221328-B	Tu	May3-Jun 14	7:30-8:30pm
Session II	Days	Dates	Time
Session II 221328-C	Days Tu	Dates Jul 12-Aug 23	Time 9:00-10:00am

Super Saturday Cardio Fusion

Macomb Township Recreation Center

Get ready for this ultimate cardio & body-sculpting workout! It's time to tone your entire body, with this fat blasting cardio and weight training workout! Our Core conditioning segment will tighten and strengthen your core. Designed to burn fat, maximize your strength, and sculpt your muscles. We will tighten and tone every inch of your body. Please bring mat and weights.

One-day per week class:

MTR Fee: \$31.00 NR Fee: \$36.00 (\$10 late fee*)

MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
221305-A	Sa	May 7-Jun 18	9:00-10:00am
Session II	Days	Dates	Time
221305-B	Sa	Jul 16-Aug 27	9:00-10:00am

Cardio Mix

Macomb Township Recreation Center

A solid exciting workout which involves a mixture from week to week of Hi/Low Impact Aerobics, Interval Training, Kickboxing, and/or Core Body Sculpting moves. Finish each workout with floor exercises for toning your abdominals. Please bring mats and weights to class.

MTR Fee: \$31.00 NR Fee: \$36.00 (*\$10 late fee) MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
221313-A	Mo	May 2-Jun 20	6:30-7:30pm
221313-B	We	May 4-Jun 15	6:30-7:30pm
Session II	Days	Dates	Time
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221313-C	Mo	Jul 11-Aug 22	6:30-7:30pm

No class on Mon. May 30th Memorial Day

ADULT FITNESS

Women's Self Defense

Macomb Township Recreation Center

This class will teach you simple movements with the focus on the ability to defend yourself if you are in danger. You don't need prior



experience. The techniques you learn can be used to educate your whole family. This class will also provide you with information on recognizing and avoiding dangerous situations. Girls 10 and up are welcome.

Your instructor, Joy, has over seven years of martial arts experience. Please wear gym shoes and comfortable clothes.

One-day per week class:

MTR Fee: \$40.00 NR Fee: \$45.00 MTRC Members receive \$5.00 discount

Class size: Minimum 8, Maximum 20

Session I	Day	Dates	Time
211103-Y	We	May 18 & 25	5:30-7:30pm
Session II	Day	Dates	Time 5:30-7:30pm
211103-Z	We	Jul 13 & 20	

Boot Camp!

Macomb Township Recreation Center



Get in the best shape of your life! Torch Calories and fire up your metabolism with this high energy boot camp style workout! This class will bring you maximum results with a group of motivating people just like you. You'll get leaner and stronger as you shed the fat and build muscle. It's time to transform your body. This class is challenging, it will help you lose body fat and build muscle. Class will consist of running, weight lifting; interval training; use of medicine balls, bosus; bands; bar bells and more. Geared for people who want real results real fast!!

Minimum 6

MTR Fee: \$110.00 NR Fee: \$115.00 MTRC Members receive \$5 discount

Session I Days **Dates** Time Mo/We May 2-Jun 20 9:30-10:30am 221317-E Session II Davs **Dates** Time Jul 11-Aug 24 9:30-10:30am 221317-F Mo/We

No class on Mon. May 30th Memorial Day

Beginner Boot Camp

Macomb Township Recreation Center

Join a group training class where you can progress to the next level. Learn how proper functional training will give you the results you are looking for. Progression is the name of the game or your body will not change. You must master basic movements before attempting the latest and greatest exercises from a magazine. This class will progress you from simple, to challenging. Lead by a NASM certified personal trainer.

Minimum: 8 Maximum: 20

Two-day per week class:

MTR Fee: \$100.00 NR Fee: \$105.00 MTRC Members receive \$5.00 discount

Session I	Days	Dates	Time
221400-A	Mo/We	May 2-Jun 20	7:05-7:50pm
Session II	Days	Dates	Time
221400-B	Mo/We	Jul 11-Aug 24	7:05-7:50pm

No class May 30th

SUMMER & TRIAL MEMBERSHIPS DO NOT QUALIFY FOR MEMBERSHIP DISCOUNT

5K Training (Running Club)

Macomb Township Recreation Center



A 7-week running program for non-runners and walkers (no running experience needed.) A great way to slim the hips, tone the thighs, gain energy and lose weight!! 5K Training is designed to take a beginner runner/walker and train you safely to actually participate and finish a 5K (3.1 miles) You will be given a run/walk assignment to follow during the week and we will run as a group every Saturday. We will run with a motivated and experienced professional that will gradually increase your endurance and your fitness level. Our final day concludes with the running of the Team Angels/St. John Hospital 5K Breast Cancer walk/ run on June 12th at Stoney Creek. This program will get you fit!! Ages 11 and up (under 15yrs. old must be accompanied by an adult). Participant is responsible for registration and entry fee of race).

Race Day is on Sun. June 12 at Stoney Creek 10:00am

One-day per week class:

MTR Fee: \$25.00 NR Fee: \$30.00 (\$10 late fee*)

MTRC Members receive \$5.00 discount

SessionDayDatesTime221317-GSaApril 30-June 129:30-10:30am

5K Breast Cancer Walk/Run

Team Angels is hosting their 3nd Annual Pink and Blue United for a Cure 5K walk/run. The event begins and ends at Stony Creek Metro Park (Bay Point) on Sunday, June 12.

Net proceeds from the event will benefit breast cancer patients in our community who come for healing at the Van Elslander Cancer Center at St. John Hospital and Medical Center. So get ready to get those bodies moving for a good cause!!

Registration: 9:00am Walk/Run: 10:00am

- Cancer survivors are welcome to come and walk the One Mile Survivor walk
- A snack refreshments and a t-shirt will be provided during/after the walk.
- The sign up fee for the walk/run is \$25 in advance and \$30 the day of the event.

Sponsorship Opportunities are also available for \$200. For more info. call (313) 647-3000.

DONATE/VOLUNTEER: Contact Maria Marino at 586-382-5919 www.stjohn.org/VanElslander/pinkandbluewalk

CREATING COMMUNITY THROUGH PEOPLE, PARKS AND PROGRAMS

ADULT DANCE



ADULT DANCE CLASSES EN



Wedding Dances

Learn to dance for the most important day of your life! We'll teach you how to waltz, turn, and dip. You'll look like pros on your wedding day. Also, great for father and daughter dances!

Men should wear dress shoes and women should wear heels or shoes comparable to those that they are wearing for the wedding dance.

Minimum- 4 couples, Maximum- 12 couples

One-day class:

MTR Fee: \$45.00 **NR Fee:** \$50.00 Per Couple

MTRC Members receive \$5.00 discount

Session I	Day	Date	Time
211204-A	Fr	May 13	7:00-8:30pm
Session II	Day	Date	Time
211204-B	Fr	Jun 3	7:00-8:30pm
Session III	Day	Date	Time
211204-C	Fr	Jul 8	7:00-8:30pm
Session IV	Day	Date	Time
211204-D	Fr	Aug 5	7:00-8:30pm

Ballroom Sampler

A six week session that will introduce a new style of dance each week. Sample styles include Waltz, Foxtrot, Tango, Salsa and more!

Men should wear dress shoes and women should wear heels.

Minimum- 4 couples, Maximum- 20 couples

One-day a week class: No Class on August 5
MTR Fee: \$95.00 NR Fee: \$100.00 per couple

MTRC Members receive \$5.00 discount

Session I	Day	Date	Time
211204-Е	Fr	May 20- Jun 24	7:00-8:00pm
Session II	Day	Date	Time

Adult Ballet

Adult Ballet combines Barre work, center and across the floor to achieve proper body placement and improve flexibility and strength. All levels are welcome.

Dress Code - Leather Ballet shoes. Form fitting attire such as leotards, tights, tank tops, Ballet skirts and shorts are preferred.

One-day a week class for 6 weeks

Minimum- 5 Students, Maximum- 20 Students

MTR Fee: \$60.00 NR Fee: \$65.00 MTRC Members receive \$5.00 discount

Session I	Day	Date	Time
211204-G	We	May 11-Jun 15	8:00-8:45pm
Session II	Day	Date	Time
211204-H	We	Jul 13-Aug 17	7:30-8:15pm

Macomb Township Recreation Center

Adult Hip-Hop

Adult Hip-Hop combines the latest moves with Hip-Hop music, a fast paced warm-up, and fresh dance combinations. All levels are welcome.

Clean tennis shoes and work-out style attire are required.

One-day a week class for 6 weeks

Minimum- 5 Students, Maximum- 20 Students

MTR Fee: \$60.00 NR Fee: \$65.00 MTRC Members receive \$5.00 discount

Session	Day	Date	Time
211204-I	Mo	May 16-Jun 20	8:00-8:45pm
Session	Day	Date	Time
211204-J	Mo	Jul 18-Aug 22	7:30-8:15pm

Belly Dance Basics

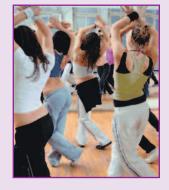
Are you new to belly dancing or have basic belly dance skills you would like to enhance? Belly Dance Basics teaches you fun and exciting belly dance movements. While learning belly dance techniques, we will also focus on elongating muscles and increasing flexibility and fluidity. Women of all ages and sizes are welcome to participate. No prior dance experience is required.

One-day a week class for 6 weeks

Minimum- 5 Students, Maximum- 20 Students

MTR Fee: \$60.00 NR Fee: \$65.00 MTRC Members receive \$5.00 discount

Session I	Day	Date	Time
211204-K	We	May 11-Jun 15	7:00-8:00pm
Session II	Day	Date	Time
211204-L	Mo	Jul 18-Aug 22	6:30-7:30pm





TENNIS



SPRING AND SUMMER TENNIS Serving up our best programs ever!!!

Director of Tennis Program – Bill McGarry

There is something for everyone in our vast offerings this season. Whether you are looking to learn for the first time, meet and mingle with others who do, or excel in the game you love, we have what you are looking for. Bill McGarry is back serving Macomb Township for the



14th year. He is a certified tennis professional through the USPTA and has over 25 years of teaching experience. He teaches during the indoor season at both Peachtree Tennis Club and Birmingham Racquet Club. Bill is a former men's singles and doubles Midwest champion, has 4 years of tour experience, and played collegiately at the University of Michigan. He is the current Boys Varsity Tennis Coach at Dakota High School.

Pee Wee (4 – 7yrs)

Forehand, backhand, volley, overhead, and serve will all be introduced which will aid in developing gross motor skills. Children will be grouped by ability level. Our philosophy is to challenge the student through the use of movement, distance, and speed while not limiting the student. Please bring racquet and water to class. No classes 5/29-5/31.

Session	Days	Dates	Times	Location	Fees
211107-A	Mo/We	May 9-Jun 15 (6 wks)	4:30-5:30pm	Mae Stecker Park	MTR: \$155/NR: \$160
211107-B	Sa	May 14-Jun 25 (6 wks)	10:00-11:00am	Dakota High School	MTR: \$90/NR: \$95
211107-C	Su	May 15-Jun 26 (6 wks)	2:00-3:00pm	Dakota High School	MTR: \$90/NR: \$95
211107-D*	Tu/Th	Jun 21-Jul 14 (4 wks)	11:30a-12:30p	Dakota High School*	MTR: \$120/NR: \$125
211107-Е	Tu/Th	Jun 21-Jul 14 (4 wks)	6:00-7:00pm	Dakota High School	MTR: \$120/NR: \$125
211107-F	Sa	Jul 9-Aug 27 (8 wks)	10:00-11:00am	Dakota High School	MTR: \$120/NR: \$125
211107-G	Tu/Th	Jul 19-Aug 11 (4 wks)	11:30a-12:30p	Dakota High School	MTR: \$120/NR: \$125
211107-H	Tu/Th	Jul 19-Aug 11 (4 wks)	6:00-7:00pm	Dakota High School	MTR: \$120/NR: \$125
211107-I	Tu/Th	Aug 16-Sep 1 (3 wks)	11:30a-12:30p	Dakota High School	MTR: \$90/NR: \$95
211107-J	Tu/Th	Aug 16-Sep 1 (3 wks)	6:00-7:00pm	Dakota High School	MTR: \$90/NR: \$95

Youth Beginner (8 – 15yrs)

All basic strokes will be taught with emphasis on correct grips and form to produce the muscle memory required to progress rapidly. Drop feeds and rallying will begin at this level as well as competitive contests and games. Please bring racquet and water to class. No classes 5/29-5/31.

Session	Days	Dates	Times	Location	Fees
211108-A	Mo/We	May 9-Jun 15 (6 wks)	5:30-7:00pm	Mae Stecker Park	MTR: \$230/NR: \$235
211108-B	Sa	May 14-Jun 25 (6 wks)	11:00a-12:30p	Dakota High School	MTR: \$130/NR: \$135
211108-C	Su	May 15-Jun 26 (6 wks)	3:00-4:30pm	Dakota High School	MTR: \$130/NR: \$135
211108-D*	Tu/Th	Jun 21-Jul 14 (4 wks)	11:30a-1:00p	Dakota High School*	MTR: \$180/NR: \$185
211108-E	Tu/Th	Jun 21-Jul 14 (4 wks)	5:30-7:00pm	Dakota High School	MTR: \$180/NR: \$185
211108-F	Sa	Jul 9-Aug 27 (8 wks)	11:00a-12:30p	Dakota High School	MTR: \$180/NR: \$185
211108-G	Tu/Th	Jul 19-Aug 11 (4 wks)	11:30a-1:00p	Dakota High School	MTR: \$180/NR: \$185
211108-H	Tu/Th	Jul 19-Aug 11 (4 wks)	5:30-7:00pm	Dakota High School	MTR: \$180/NR: \$185
211108-I	Tu/Th	Aug 16-Sep 1 (3 wks)	11:30a-1:00p	Dakota High School	MTR: \$135/NR: \$140
211108-J	Tu/Th	Aug 16-Sep 1 (3 wks)	5:30-7:00pm	Dakota High School	MTR: \$135/NR: \$140

Youth Advanced Beginner/Intermediate (8 – 15yrs)

Focus will be made on continued stroke development with more rallying and point play. Net play will become a greater focus with basic strategies including doubles will be taught and fitness will be challenged with several different competitive games. No classes 5/29-5/31.

Session	Days	Dates	Times	Location	Fees
211108-K	Mo/We	May 9-Jun 15 (6 wks)	5:30-7:00pm	Mae Stecker Park	MTR: \$230/NR: \$235
211108-L	Sa	May 14-Jun 25 (6 wks)	11:00a-12:30p	Dakota High School	MTR: \$130/NR: \$135
211108-M	Su	May 15-Jun 26 (6 wks)	3:00-4:30pm	Dakota High School	MTR: \$130/NR: \$135
211108-N*	Tu/Th	Jun 21-Jul 14 (4 wks)	11:30a-1:00p	Dakota High School*	MTR: \$180/NR: \$185
211108-0	Tu/Th	Jun 21-Jul 14 (4 wks)	7:00-8:30pm	Dakota High School	MTR: \$180/NR: \$185
211108-P	Sa	Jul 9-Aug 27 (8 wks)	11:00a-12:30p	Dakota High School	MTR: \$180/NR: \$185
211108-Q	Tu/Th	Jul 19-Aug 11 (4 wks)	11:30a-1:00p	Dakota High School	MTR: \$180/NR: \$185
211108-R	Tu/Th	Jul 19-Aug 11 (4 wks)	7:00-8:30pm	Dakota High School	MTR: \$180/NR: \$185
211108-S	Tu/Th	Aug 16-Sep 1 (3 wks)	11:30a-1:00p	Dakota High School	MTR: \$135/NR: \$140
211108-T	Tu/Th	Aug 16-Sep 1 (3 wks)	7:00-8:30pm	Dakota High School	MTR: \$135/NR: \$140

^{*}First week of noted classes will run at Iroquois Middle School.

TENNIS



Academy Tournament Training (9 – 18yrs)

Intermediate Level and Above Only. The 3 hr groups will have some time used for drills, some for skill work and some for match play. Five hour day camps will have afternoon session being used for match play. New skills will be added with focus on spins for all strokes in morning sessions. Construction of points and strategies using spin and combinations of different skills will be also a major focus of the group. A tournament schedule will be developed for each player if so desired. No classes 5/29-5/31.

Session	Days	Dates	Times	Location	Fees
211108-U	Sa	May 14-Jun 25 (6 wks)	1:30-4:30pm	Dakota High School	MTR: \$240/NR: \$245
211108-V	Su	May 15-Jun 26 (6 wks)	4:30-7:30pm	Dakota High School	MTR: \$240/NR: \$245
211108-W	M,T,W,Th	Jun 20-Jun 23 (1 wk)	8:30-11:30am & 1-3pm	Iroquois Middle School	MTR: \$240/NR: \$245
211108-X	M,T,W,Th	Jun 20-Jun 23 (1 wk)	8:30-11:30am	Iroquois Middle School	MTR: \$175/NR: \$180
211108-Y	M,T,W,Th	Jun 27-Jun 30(1 wk)	8:30-11:30am & 1-3pm	Dakota High School	MTR: \$240/NR: \$245
211108-Z	M,T,W,Th	Jun 27-Jun 30 (1 wk)	8:30-11:30am	Dakota High School	MTR: \$175/NR: \$180
211108-AA	T,W,Th,F	Jul 5-Jul 8 (1 wk)	8:30-11:30am & 1-3pm	Dakota High School	MTR: \$240/NR: \$245
211108-BB	T,W,Th,F	Jul 5-Jul 8 (1 wk)	8:30-11:30am	Dakota High School	MTR: \$175/NR: \$180
211108-CC	M,T,W,Th	Jul 11-Jul 14 (1 wk)	8:30-11:30am & 1-3pm	Dakota High School	MTR: \$240/NR: \$245
211108-DD	M,T,W,Th	Jul 11-Jul 14 (1 wk)	8:30-11:30am	Dakota High School	MTR: \$175/NR: \$180
211108-EE	M,T,W,Th	Jul 18-Jul 21 (1 wk)	8:30-11:30am & 1-3pm	Dakota High School	MTR: \$240/NR: \$245
211108-FF	M,T,W,Th	Jul 18-Jul 21 (1 wk)	8:30-11:30am	Dakota High School	MTR: \$175/NR: \$180
211108-GG	M,T,W,Th	Jul 25-Jul 28 (1 wk)	8:30-11:30am & 1-3pm	Dakota High School	MTR: \$240/NR: \$245
211108-HH	M,T,W,Th	Jul 25-Jul 28 (1 wk)	8:30-11:30am	Dakota High School	MTR: \$175/NR: \$180
211108-II	M,T,W,Th	Aug 1-Aug 4 (1 wk)	8:30-11:30am & 1-3pm	Dakota High School	MTR: \$240/NR: \$245
211108-JJ	M,T,W,Th	Aug 1-Aug 4 (1 wk)	8:30-11:30am	Dakota High School	MTR: \$175/NR: \$180
211108-KK	M,T,W,Th	Aug 8-Aug 11 (1 wk)	8:30-11:30am	Dakota High School	MTR: \$175/NR: \$180
211108-LL	M,T,W,Th	Aug 15-Aug 18 (1 wk)	8:30-11:30am	Dakota High School	MTR: \$175/NR: \$180
211108-MM	M,T,W,Th	Aug 22-Aug 25 (1 wk)	8:30-11:30am	Dakota High School	MTR: \$175/NR: \$180
211108-NN	M,T,W,Th	Aug 29-Sep 1 (1 wk)	8:30-11:30am	Dakota High School	MTR: \$175/NR: \$180

Adult Beginner (15yrs and up)

All basic strokes will be taught with emphasis on correct grips and form to produce the muscle memory required to progress rapidly. Drop feeds and rallying will begin at this level as well as competitive contests and games. Please bring racquet and water to class. No classes 5/29-5/31.

Session	Days	Dates	Times	Location	Fees
221109-A	Mo/We	May 9-Jun 15 (6 wks)	7:00-8:30pm	Mae Stecker Park	MTR: \$230/NR: \$235
221109-B	Sa	May 14-Jun 25 (6 wks)	11:00a-12:30p	Dakota High School	MTR: \$130/NR: \$135
221109-C*	Tu/Th	Jun 21-Jul 14 (4 wks)	11:30a-1:00p	Dakota High School*	MTR: \$180/NR: \$185
221109-D	Tu/Th	Jun 21-Jul 14 (4 wks)	7:00-8:30pm	Dakota High School	MTR: \$180/NR: \$185
221109-E	Sa	Jul 9-Aug 27 (8 wks)	8:30-10:00am	Dakota High School	MTR: \$180/NR: \$185
221109-F	Tu/Th	Jul 19-Aug 11 (4 wks)	11:30a-1:00p	Dakota High School	MTR: \$180/NR: \$185
221109-G	Tu/Th	Jul 19-Aug 11 (4 wks)	7:00-8:30pm	Dakota High School	MTR: \$180/NR: \$185
221109-H	Tu/Th	Aug 16-Sep 1 (3 wks)	11:30a-1:00p	Dakota High School	MTR: \$135/NR: \$140
221109-I	Tu/Th	Aug 16-Sep 1 (3 wks)	7:00-8:30pm	Dakota High School	MTR: \$135/NR: \$140

Adult Intermediate Cardio and Play (15yrs and up)

Intermediate level and up for this one. Run through strokes with some instruction, but focus will be on maximum workout. Plan to run and play competitive points in an up-tempo group. The last half hour break out into match play with focus on strategy. No classes 5/29-5/31.

Session	Days	Dates	Times	Location	Fees
221109-J	Mo/We	May 9-Jun 15 (6 wks)	7:00-8:30pm	Mae Stecker Park	MTR: \$230/NR: \$235
221109-K	Sa	May 14-Jun 25 (6 wks)	11:00a-12:30p	Dakota High School	MTR: \$130/NR: \$135
221109-L*	Tu/Th	Jun 21-Jul 14 (4 wks)	11:30a-1:00p	Dakota High School*	MTR: \$180/NR: \$185
221109-M	Tu/Th	Jun 21-Jul 14 (4 wks)	7:00-8:30pm	Dakota High School	MTR: \$180/NR: \$185
221109-N	Sa	Jul 9-Aug 27 (8 wks)	8:30-10:00am	Dakota High School	MTR: \$180/NR: \$185
221109-0	Tu/Th	Jul 19-Aug 11 (4 wks)	11:30a-1:00p	Dakota High School	MTR: \$180/NR: \$185
221109-P	Tu/Th	Jul 19-Aug 11 (4 wks)	7:00-8:30pm	Dakota High School	MTR: \$180/NR: \$185
221109-Q	Tu/Th	Aug 16-Sep 1 (3 wks)	11:30a-1:00p	Dakota High School	MTR: \$135/NR: \$140
221109-R	Tu/Th	Aug 16-Sep 1 (3 wks)	7:00-8:30pm	Dakota High School	MTR: \$135/NR: \$140

^{*}First week of noted classes will run at Iroquois Middle School.

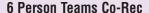


ADULT & YOUTH SPORTS LEAGUES

Set 'N Spike

Adult Sand Volleyball League
NEW LOCATION

Macomb Corners Park – 25 Mile Rd



Tuesday Evenings June 14-Aug. 9 – 8 Weeks (No League July 5th) Reg.No. 222501-A

Wednesday Evenings June 15-Aug 10 – 8 Weeks (No League July 6th) Reg No. 222501-B

All teams need to register by Friday, June 3 Mandatory Manager's meeting, Tuesday, June 7, at the recreation center.

Team Entry Fee: \$150.00

Ready for hot fun in the summer time? Sign up today for our recreation sand volleyball leagues held at Macomb Corners Park. The leagues feature a 6-person team, consisting of three males and three females. Players must be at least 18 years of age and older to play on a team. Teams may carry up to 12 players.

The league will have a maximum of eight teams with a minimum of four teams required for each league to form. Teams are responsible for abiding by league rules – **there are no referees**.

Games times will be scheduled alternating between 6:30pm and 7:35pm. If needed, rain make-up dates will be decided by the League Manager.

Registration materials are available at the recreation center. Individual players looking for a team can call the Parks &

Recreation Center to be placed on an eligibility list.

Adult Summer/Fall Softball League

Macomb Corners Park

25 Mile Rd (1.5 Miles east of Romeo Plank Rd.)

Softball league for adults 18 years and over. Players must be 18 by Sunday, July 24, 2011. Teams will play one game per week for 10 weeks beginning the week of Sunday, July 24, 2011. Playoffs to follow.

Men's Open (18 years of age & older) Registration No. 222902-A Tuesday Evenings – July 26 thru Sept. 27, 2011

Co-Ed (18 years of age & over) Registration No. 222902-C

Thursday Evenings - July 28 thru Sept. 29, 2011

Team Registration Fee: \$650.00 per team

Non-Resident (NR) Fee: \$10.00 extra per non-resident Umpire Fee: \$15.00 per team per game paid to the umpire at

game time

League Size: Minimum: 4 Teams; Maximum: 12 teams

Men's Open Double Header (18 years of age & older) Registration No. 222902-B

Sunday Evenings - July 31 thru Oct. 2, 2011

Teams will play double headers on Sunday evenings for 10 Consecutive weeks. Playoffs to follow.

Team Registration Fee: \$900.00 per team

Non-Resident (NR) Fee: \$10.00 extra per non-resident Umpire Fee: \$15.00 per team per game paid to the umpire at game time

League Size: Minimum: 4 Teams; Maximum: 6 teams Fee due at Manager's meeting, Tuesday, July 19, 2011.

Meeting times: Men's Open 7:00 pm, Co-Ed 7:30pm, Sunday

Double 8:00pm

Wolcott Mills Golf Clinics

The golf clinics are directed towards ALL levels of golf. Paul J. Moran, PDA, Professional of 25 yrs., will be teaching the golf clinics. All clinics will be held at Wolcott Mill Golf Course (21690 27 Mile Rd,Ray Twp. Ml.)

2011 Schedule – 4 sessions per clinic

ADULT CLINICS

Golf balls not included, clubs are available

Seniors Fee: \$60 per clinic Adults (18-60yrs): \$80 per clinic Class size: Minimum 5, Maximum 10

Seniors (61+)	Adults (18-60)	Day	Dates	Time
241105-G	241105-GG	We	May 4-25	9-10am
241105-H	241105-HH	We	May 4-45	7-8pm
241105-I	241105-II	We	Jun 8-29	9-10am
241105-J	241105-JJ	We	Jun 8-29	7-8pm
241105-K	241105-KK	We	Jul 6-27	9-10am
241105-L	241105-LL	We	Jul 6-27	7-8pm
241105-M	241105-MM	We	Aug 3-24	9-10am
241105-N	241105-NN	We	Aug 3-24	7-8pm

REGISTRATION DEADLINE: 1 week prior to start date!

JUNIOR CLINICS

Golf balls not included, clubs are available **Juniors** (5-17yrs): \$60 per clinic

Class size: Minimum 5, Maximum 10

Session	Day	Dates	Time
241105-A	Sa	May 7-28	10:00-11:00am
241105-B	Sa	Jun 4-25	10:00-11:00am
241105-C	We	Jun 8-29	10:00-11:00am
241105-D	We	Jul 6-27	10:00-11:00am
241105-E	We	Aug 3-24	10:00-11:00am

REGISTRATION DEADLINE: 1 week prior to start date!



GOLF MUSIC

Saturday Scramble Golf

Adult Couples League

8 Week League / Registration No. 222404-A

Begins May 7th – Register by Mon., May 2

MTR Fee: \$170.00 per golfer NR Fee: \$175.00 per golfer

For more info go to: www.macomb-mi.gov -Parks & Rec - REACH Catalog



TGA Golf For Kids

Macomb Township Recreation Center

TGA is bringing the golf course to the gym! It's a perfect way for your child to start the game, or for more experienced players to improve. All is provided. equipment curriculums were specially designed for elementary school students by industry-leading golf professionals and education specialists to ensure



that lesson plans are age-appropriate and easy to understand and retain. Certified instructors teach swing fundamentals. rules, etiquette and life values as students advance through the program.

One-day per week class for six weeks: MTR Fee: \$119.00 NR Fee: \$124.00 MTRC Members receive \$5.00 discount

Instructors: TGA staff (7-1 student/coach ratio)

Class size: Minimum 5, Maximum 20

Ages: Grades K-6

Session I Dav **Dates** Time 241105-F 10:00-11:00am May7-Jun 18 No class May 28

LOCAL YOUTH ATHLETIC PROGRAMS

Macomb Township Parks and Recreation Department is not affiliated with these Parent-run organizations. All inquiries regarding information must be made directly to the organization.

Macomb Township Little Leag	gue(586) 615-5545
	www.mtllb.com
A.Y.S.O. Soccer	(586) 739-9797

Clinton-Macomb Girls Fastpitch(586) 610-3585 www.cmgsl.com

Macomb Mustangs Football..www.macombmustangs.com

Macomb Mustangs Lacrosse(586) 247-6407

Macomb Adult Soccer League(586) 854-7310

macombadultsoccer@gmail.com

KINDERMUSIK PROGRAM

Award Winning Children's Music Program

Macomb Township Recreation Center

Instructor: Tammy Stone

Class Size Minimum 5, Maximum 13 MTR Fee: \$44.00 NR Fee: \$49.00

MTRC Members receive \$5.00 discount



a good beginning never ends

Kindermusik Village Newborn to 18 months & parent/caregiver

Delivers a variety of music, building strong neural networks in a baby's forming mind, through an array of styles, sounds, and genres. Age-appropriate experiences with child-safe instruments genres. Age-appropriate experiences with child-sate instruments enhance a sense of rhythm and steady beat, develops a keen awareness of the distinguishing qualities of sound, and encourages spontaneity and creativity. A classroom full of baby and adult pairs dancing together helps a little body develop the muscle strength needed to crawl and walk and helps a little heart to fall in love with the sheer joy of responding to music. Village is for lap babies, crawlers, and walkers. It incorporates the most current research on early childhood development. current research on early childhood development.

Material Fee: \$39.00 (payable to instructor, 1st day of class)

Session I	Days	Dates	Time
211516-A	Sa	6/25-7/16	11:30a-12:15p
Session I	Days	Dates	Time
211516-B	Sa	7/23-8/13	11:30a-12:15p

ABC Music & Me I

2 to 4 year olds.

This class focuses on your child's emotional development as her confidence, curiosity, self-control, and communication begin to take shape. Language skills are fostered with singing, sound imitation, rhyming and object identification. Imaginative body movement to different musical "moods" develops their sense of balance, timing and spatial awareness while affirming their urge to move. The anticipation and rewards of listening are introduced, and with turn-taking activities, social skills begin to bloscom all while with turn-taking activities, social skills begin to blossom, all while providing the safety of training wheels for the bicycle of pre-school!

Material Fee: \$25.00 (payable to instructor, 1st day of class)

Session I	Days	Dates	Time
211516-C	Sa	6/25-7/16	10:30-11:15am
	D	D.L.	T*
Session I	Days	Dates	Time

ABC Music & Me II

4 to 6 years old & parent/caregiver

A fun-filled interactive learning experience that introduces children to an understanding of rhythms, songs, and styles from a variety of genres, such as classical, jazz, rock and folk music. Children will build a foundation for music education through an introduction to music vocabulary, pre-music reading, and additional music concepts such as largo and presto or legato and staccato. This class provides fun, guided ensemble-style opportunities for vocal exploration, creative movement and instrument play and is the perfect primer for early keyboard skills. In addition, Kindermusik supports research which has proven that skills learned through music poerty over into activity akills. skills learned through music carry over into study skills, communication skills and cognitive skills useful to all parts of life.

Material Fee: \$25.00 (payable to instructor, 1st day of class)

Session I	Days	Dates	Time
211516-E	Sa	6/25-7/16	1:00-1:45pm
Session I	Days	Dates	Time
211516-F	Sa	7/23-8/13	1:00-1:45pm

YOUTH SPORTS CAMPS

MYO FREE Basketball Skills Workout

Boys & Girls (all skill levels) - Grades 3-12

Macomb Township Recreation Center

Free sneak peek to upcoming skills training camps. Training will focus on fundamentals of Basketball, dribbling, passing and shooting.

Reg. No.	Day	Date	Time
215101-A	Tu	May 3	6:30-8:30pm

MYO Basketball Skills Training Camps

Boys & Girls (all skill levels) - Grades 3-12

Program will focus on the fundamentals of Basketball: shooting, dribbling, ball handling, passing and player positions. Learn proper techniques; improve your individual skills, performance, and team play. Players divided by age, gender, and skill. Invited Guest, current and/or former professional player.

MTR Individual fee: \$45.00 NR fee: \$50.00 MTRC Members: receive \$5.00 discount

Reg. No.	Day	Date	Time
215101-B	Tu	June 7	6:30-8:30pm
215101-C	Tu	July 19	6:30-8:30pm

MYO Basketball Super Skills Training/Competition Camp

Boys & Girls (all skill levels) – Grades 3-12 MTR Individual fee: \$85.00 NR fee: \$90.00 MTRC Members: receive \$5.00 discount

Reg. No. Day Date Time
215101-E Sa Aug 13 12:00-4:00pm

Session will focus on improving footwork, offense, defense, ball handling and overall skill development. Players will compete in contest and game play. Invited Guest, current and /or former professional player.

MYO Basketball Spring/Summer League

Grades 3-12

Macomb Township Recreation Center

Improve Your Basketball Game! Join a team or bring your own and play exciting, fast-paced basketball every Wednesday and/or Thursday. Macomb Township Recreation Center will offer a league for grades 3-12. Practice sessions emphasize skill development and teamwork and are supervised by experienced basketball coaches. The league is supported by volunteers, Macomb Youth Organization, and professional player Jermaine Jackson. There will be a one day player evaluation and draft for individual players. Details are below:

8 week league + playoffs/championship Certified officials

Team jerseys(provide size when registering)

Division championship awards

Coaches accepted – please inform if interested in coaching a team, you must attend coach meeting/draft.

Registration No. 215101-F

MTR Individual Fee: \$125 NR Fee: \$130 MTRC Members receive \$5.00 discount Max 96 individual players, Max 10 teams Team: \$625.00 (roster max 12 players)

Player Evaluations for individual players:

Thursday, May 5, 6:30-7:30pm

Coaches Meeting/Draft after player evaluation:

Thursday, May 5, 7:30-9:00pm

Weekly Team Practices: Day TBD at Coaches Meeting

League: May 18-July 20, 6:30-9:30pm (Bye weeks of May 30 & July 4th)

Coaches will contact players after the draft and start practices the following week.

Challenger British Soccer Camp

Macomb Corners Park

July 25th-29th

The number 1 soccer camp in the USA and Canada is coming back to Macomb Township this summer! 120,000 kids will be coached by Challenger's top British coaches! Challenger has become the best camp in North America by combining consistently high quality, age specific soccer instruction, along with equally important elements of character, cultural, and nutritional education. Campers will participate each day in the ever popular World Cup! Each player receives a FREE soccer ball, t-shirt, camp gift and camp evaluation. Come sharpen your skills with us this summer, sign up TODAY!!!

FREE JERSEY OFFER IF REGISTERED BY JULY 1ST.

(\$6.99 Shipping & Handling fee)

Each camp runs 5 days per week, MON thru FRI Instructor: Challenger British Soccer Coaches Class size: Minimum 20, Maximum 200





Session	Camp Type	Ages	MTR Fee	Time
215100-A	First Kicks	3-4	\$75	9:00-10:00am
215100-B	Minisoccer	5-6	\$88	10.10-11.40am
215100-C	Half Day	6-9	\$110	9:00am-noon
215100-D	Half Day	10-14	\$110	1:00-4:00pm
215100-Е	Full Day	11-18	\$175	9a-12p & 1-4pm

NON RESIDENTS PLEASE ADD \$5 TO THE ABOVE PRICES.

YOUTH SPORTS CAMPS / ACTIVITIES



Registration

Macomb Corners Park 25 Mile Road (east of Luchtman)



Ready, Set, Hike. It's time to sign-up for Flag Football. Boys and girls ages 5-6, 7-8, 9-11 (age as of September 1, 2011).

The purpose of the program is to introduce the sport of football to youth with emphasis on safety, 'fun'damental instruction, good sportsmanship, and skill development.

All players will receive a team jersey and flag set.

*Note: Registration is first come first serve for the first 120 in each age group. Birth certificate must be shown at registration to confirm age.

Registration – In person only. REGISTRATION DATES FOR MACOMB TOWNSHIP RESIDENTS ONLY:

Monday, July 18, 6:00pm to 8:00pm Tuesday, July 19, 8:00am to 8:00pm Wednesday, July 20, 8:00am to 8:00pm

REGISTRATION DATES FOR NON-MACOMB TOWNSHIP RESIDENTS:

**Note: If openings still exist, registration times are: Thursday, July 21, 8:00am to 8:00pm Friday, July 22, 8:00am to 8:00pm

MTR Fee: \$50.00 NR Fee: \$55.00

312102-A Ages 5-6 **312102-B** Ages 7-8 **312102-C** Ages 9-11

- Due to size of leagues/scheduling, special requests for playing on same team can not be accommodated. ONLY exception, 2 or more siblings may play on same team.
- Jersey sizes must be included at time of registration. Jerseys cannot be returned or exchanged to the NFL. Refer to the Jersey Chart below.



NFL Youth Flag Football Volunteer Coach Info

Volunteer coaches are needed for this program. Applications and coaches information will be available at registration. All prospective volunteer coaches must fill out a background check authorization.

Volunteers will serve in the dual role as coach/referee. Interested candidates should be enthusiastic, positive, and agree to the NFL Youth Coaches guidelines, including promoting safety, 'fun'damental instruction, good sportsmanship, skill development and must agree to provide an equal opportunity for playing time for all children, regardless of skill level.

Completed applications must be returned by Fri., July 22 to the Recreation Center to be eligible.

"Bump Up Your Skills"

Summer Volleyball Camp

MACOMB Township Recreation Center

MTR Fee: \$90.00 NR Fee: \$95.00 MTRC Members receive \$5.00 discount

Class Size Minimum 8 Maximum 24

Beginner Clinic (5th - 8th Grade)

This camp is designed to be an introduction of the sport of volleyball. All positions will be introduced and the campers will learn basic skills. All the aspects of the game are developed in a series of drills and exercises focusing on passing, setting, hitting, and serving. This camp will prepare the players for competitive volleyball play, as they will come away with game experience.

Each camper will receive a t-shirt on the last day.

SessionDaysDatesTime222501-CMo-FrAug 1-59:00am-12:00pm

Intermediate Clinic (9th - 11th Grade)

The Intermediate Clinic targets high school aged players. The players will be focusing on the specific skills that will help them improve in their certain positions, but they will also have a chance to work on the volleyball game as a whole if they choose.

Each camper will receive a t-shirt on the last day.

SessionDaysDatesTime222501-DMo-FrAug 1-51:00-4:00pm



MACOMB TOWNSHIP PARKS & RECREATION RESERVES THE RIGHT TO USE ALL PHOTOGRAPHS TAKEN AT COMMUNITY EVENTS FOR PUBLICATIONS AND/OR PROMOTIONAL PURPOSES.

CAMPS



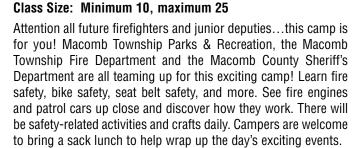
Future Firefighters & Junior Deputies Camp

Ages 5 - 7 yrs.

Marvin Blank Senior Center 19925 23 Mile Road

Registration No. 215300-B Monday-Friday, July 25-29 9:00am-12:00noon

MTR Fee: \$45.00 NR Fee: \$50.00



All campers registered by Monday, July 11th will receive a free t-shirt.

The last day of camp will be held from 10:30am – 12:00 noon at Fire Station 4, 16820 25 Mile (between Romeo Plank & Garfield) where there will be a graduation ceremony for all the future firefighters and junior deputies.

So You Want To Be An Actor

Actors Camp

Marvin Blank Senior Center 19925 23 Mile Rd.



Ages 5-17 years

(Six 2 hour sessions & Performance) July 11th, 13th, 15th, 18th, 20th, & 22nd

4:30-6:30pm

Performance July 23rd at 6:30pm

MTR Fee: \$115.00 pp NR Fee: \$120.00 pp

Director: Debby Ryle

Class Size: Minimum 12, maximum 25

This summer, campers will explore the world of acting through improvisational and theater games. The class will meet 6 times for 2 hours each, with a performance to be held on Saturday July 23rd at 6:30 pm. Drama helps develop conversational and social skills. This camp will help your camper learn to think on their feet, express ideas and thinking skills. Campers will practice lines to perform a short play.

Special Performance on July 23rd at 6:30pm for family and friends.

Each participant will receive a trophy, certificate and t-shirt. Refreshments will be provided.



Ages 7-12

Macomb Township Recreation Center

"Shoot for the Moon!" Let your imagination SOAR in this hands-on, interactive SPACE SCIENCE camp. This is an introduction to astronomy including; the stars, NASA, the solar system, galaxies, rocketry, telescopes and space exploration. Want to become an Astronaut? See what they do! Students learn from a National Presidential Science Award teacher, Dr. Heidi von Oetinger-Reed who has written science experiments that have flown on Space Shuttle Missions. They will problem solve, research, learn, laugh and launch a chemically charged rocket! Students will see and hold REAL MOON ROCKS AND METEORITES from the Apollo Missions. T-shirts are given to those registered before July 15th.

MTR Fee: \$80.00 NR Fee: \$85.00 MTRC Members receive \$5.00 discount Class size: Minimum 10. Maximum 25

Reg. No. Days Date Time 224600-C Mo-Fr August 1-5 10:00-11:30am

Video Game Animation 1 Camp

Ages: 7-10 years old

Macomb Township Recreation Center

Dive into the world of video game animation by creating characters that dance, sing and interact with one another. Add sound effects and music clips to create a dynamic video animation game using Scratch, the innovative programming language created just for kids by the MIT Media Lab. Creativity rules in this fun version of video game design!

\$5.00 Materials Fee due at 1st class.

MTR Fee: \$160.00 NR Fee: \$165.00 MTRC Members receive \$5.00 discount

Instructor: Computer Explorers Class size: Minimum 6, Maximum 12

Reg. No. Days Date Time 224600-H Mo-Fr Jul 18-22 9:30am-11:30am

LEGO Fun-Gineering CAMP!

Ages: 6-8 years old

Macomb Township Recreation Center

Explore, investigate and solve problems while learning about the building blocks of engineering – simple machines. Working in teams, students enjoy hands-on activities with levers, gears, wheels, axles and pulleys that incorporate math, science and creativity. NOTE: No computers are used in this class. This class will meet 4 sessions.

\$5.00 Materials Fee due at 1st class.

MTR Fee: \$140.00 NR Fee: \$145.00 MTRC Members receive \$5.00 discount

Instructor: Computer Explorers Class size: Minimum 6, Maximum 12

Reg. No. Days Dates Time 224600-I Mo-Th Jun 27-Jun 30 9:30am-11:30am

SPECIAL NEEDS CAMPS

YOUTH ACTIVITIES 33

Extraordinary Athletes Special Needs Summer Camps Ages 8-18

Macomb Township Recreation Center

DON'T LET YOUR CHILD SIT HOME...EXERCISE/MOVEMENT & FIINI

Register early because if we don't get enough athletes we will not be able to hold these wonderful camps...

Each Camps: MTR Fee: \$55.00 NR Fee: \$60.00

Spirit Rocks Extraordinary Cheerleaders

We will strive to promote mental, physical and spiritual development while building self esteem and confidence of each individual at their ability level. We will focus on teaching the value of teamwork and compassion for each other while becoming more energetic and physically active. Athletes will learn basic cheerleading moves, group cheers, formations, jumps, dance routines and some tumbling.

Instructor: Jeanne M. DiCicco/Lindsey Barbato

 Session
 Days
 Dates
 Time

 244700-A
 Mo-Fr
 Jun 20-24
 10:00-11:00am

Special Needs Summer Basketball Camp

The goal of this program is to offer the opportunity for fun & success while learning the basic rules, skills & fundamentals of basketball. This class can prepare them to have the ability to compete on a Special Olympics team. The athletes will learn trust and cooperation while working as a team, building confidence & friendships.

Instructor: Jeanne M. DiCicco/Toni-Lynn DiCicco

 Session
 Days
 Dates
 Time

 244700-B
 Mo-Fr
 Jun 20-24
 11:30a-12:30p

Special Needs Soccer Camp

The goal of this camp is to teach the kids the basics of soccer in an atmosphere that is fun and relaxed. Athletes will learn how to kick the ball and run up and down the field. Our goal is to not only learn the sport of soccer but to be social and gain new friendships through being involved in a Special Olympics sport.

Instructor: Jeanne DiCicco / Toni-Lynn DiCicco

 Session
 Days
 Dates
 Times

 244700-C
 Mo-Fr
 Jul 18-22
 9:00-10:00am

Special Needs Wrestling Camp

The athletes will learn the basic skills needed to understand and enjoy the sport of wrestling. The athletes will not only learn simple wrestling moves but depending on their ability level they will learn how to compete against another athlete.

Instructor: Glen Smith

SessionDaysDatesTimes244700-DMo-FrJul 18-2210:00am-Noon

Yoga for Kids

ATHLETES

Macomb Twp. Recreation Center

Yoga is great for kids! It helps build strength, increase flexibility, helps calm the mind, helps build self-confidence and concentration, teaches you how to breathe so you can react more calmly when things are bothering you, teaches you body awareness, which is very helpful, if you're involved in dance or sports and...Yoga is non-competitive! This class is especially for kids ages 7-12. Please bring a yoga mat and we will work in bare feet.

MTR Fee: \$36.00 NR Fee: \$41.00 MTRC Members receive \$5.00 discount

Instructor: Jasmin L. Cromwell

Each Session Meets four consecutive weeks Class size: Minimum 4, Maximum 20

 Session
 Days
 Dates
 Time

 221303-K
 We
 Jun 22-Jul 13
 11:00a-12:00p

 221303-L
 We
 Jul 20-Aug 10
 11:00a-12:00p

Yoga for Teen Girls

Macomb Twp. Recreation Center

Yoga is great for Teens! The flexibility benefits of yoga are important for growing teens as they experience growth spurts. Teens' bones tend to grow fast, leaving the muscles a little tighter. Yoga will help to increase flexibility, build strength, calm the mind, build self-confidence and concentration, teach you body awareness, which is very helpful if you're involved in dance or sports. You will learn breath work to use when stressed so you can react more calmly when things are bothering you. Please bring a yoga mat and we will work in bare feet. Ages 13-18 are welcome.

MTR Fee: \$36.00 NR Fee: \$41.00 MTRC Members receive \$5.00 discount

Instructor: Jasmin L. Cromwell

Each Session Meets four consecutive weeks Class size: Minimum 4, Maximum 20

 Session
 Days
 Dates
 Time

 221303-M
 Fr
 Jun 24-Jul 15
 11:00a-12:00p

 221303-N
 Fr
 Jul 22-Aug 12
 11:00a-12:00p

Kids In The Kitchen

Ages 5-13 Years Old

Macomb Township Recreation Center

Come join Ms. Sue in this complete cooking course for your Young Budding Chefs. This course will teach you confidence and safety in the Kitchen. We will be preparing Breakfast, Lunch, Dinner and a yummy Desert. Creative Chef's sometimes can get a little messy in the kitchen so make sure you wear play clothes. Every child will take home their creations along with all the recipes. This class will meet 4 sessions.

Materials Fee: \$10.00 due at 1st class. MTR Fee: \$30.00 NR Fee: \$35.00 MTRC Members receive \$5.00 discount

Instructor: Ms. Susan Barg

Class size: Minimum 5, Maximum 12

 Session
 Grade
 Days
 Dates
 Time

 224600-A
 K-3
 Tu
 7/19,7/26,8/2 & 8/9
 10:00-11:30am

 224600-B
 4-7
 We
 7/20,7/2,8/3, & 8/10
 10:00-11:30am

YOUTH ACTIVITIES

Tumble With Me!

Macomb Township Recreation Center

Come tumble with Ms. Jov! Tumble with Me! is a fun-filled program using gymnastics-based skills designed to build selfconfidence, balance and flexibility through practice of tumbling skills, rhythm games and lots of fun group activities! Ms. Joy has a wonderful collection of mats to tumble on along with a spring board, trampolines and bar to learn the basics of gymnastics.

Ms. Jov is a charismatic instructor who has a degree in communications and over 13 years of gymnastics coaching experience.

One-day per week class:

MTR Fee: \$65.00 NR Fee: \$70.00 MTRC Members receive \$5.00 discount Class size: Minimum 3, Maximum 6

JOEYS (Adult with 18 months to 3 years old)

Joevs is an adult/child participation class. Each child will practice gymnastics-based skills designed to build selfconfidence, balance and strength. Some skills practiced are jumping, forward rolls, swinging on a bar, walking on the beam along with rhythm and simple games. Sharing and group play are also emphasized. Great grandparent/grandchild activity!

Session I	Day	Dates	Time
211103-A	Tu	May 10-Jun 14	11:30a-12:10p
211103-B	Tu	May 10-Jun 14	5:00-5:40pm
211103-C	We	May 11-Jun 15	11:30a-12:10p
211103-D	Th	May 12-Jun 16	10:30-11:10am
211103-E	Th	May 12-Jun 16	5:00-5:40pm
211103-F	Fri	May 13-Jun 17	10:30-11:10am
	• • • •	may 10 ban 11	
Session II	Day	Dates	Time
		•	
Session II	Day	Dates	Time
Session II 211103-G	Day Tu	Dates Jun 28-Aug 9	Time 11:30a-12:10p
Session II 211103-G 211103-H	Day Tu Tu	Dates Jun 28-Aug 9 Jun 28-Aug 9	Time 11:30a-12:10p 5:00-5:40pm
Session II 211103-G 211103-H 211103-I	Day Tu Tu We	Dates Jun 28-Aug 9 Jun 28-Aug 9 Jun 29-Aug 10	Time 11:30a-12:10p 5:00-5:40pm 11:30a-12:10p

LITTLE MONKEYS (3-5 years old)

Little Monkeys is a tumbling-based class. Some skills practiced are forward rolls, donkey kicks, jumping and table-tops, cartwheels, handstand and simple bar stunts along with rhythm and simple game playing.

Each high energy and fun-filled class is designed to build self confidence, strength and group play skills.

Session I	Day	Dates	Time
211103-M	Tu	May 10-Jun 14	10:30-11:10am
211103-N	Tu	May 10-Jun 14	6:00-6:40pm
211103-0	We	May 11-Jun 15	10:30-11:10am
211103-P	Th	May 12-Jun 16	11:30a-12:10p
211103-Q	Th	May 12-Jun 16	6:00-6:40pm
211103-R	Fr	May 13-Jun 17	11:30a-12:10p
Session II	Day	Dates	Time
211103-S	Tu	Jun 28-Aug 9	10:30-11:10am
211103-T	Tu	Jun 28-Aug 9	6:00-6:40pm
211103-U	We	Jun 29-Aug 10	10:30-11:10am
211103-V	Th	Jun 30-Aug 11	11:30a-12:10p
211103-W	Th	Jun 30-Aug 11	6:00-6:40pm

*No class week of July 4th.

KickStart!

Toddler Sports

Macomb Township Recreation Center

KickStart! is a toddler sports program that is designed to get your child moving and active through various fun games and physical activities. Running, jumping, kicking, throwing, and catching are all on the menu as we develop large motor skills, balance, coordination, social skills and team work along the way. This class is the perfect primer to organized team sports. Bring your child to participate in this fun, non-competitive atmosphere where standing still is NOT an option!

KickStart! Director Jeff Hodgson has years of experience training athletes from toddler to pro. As the founder and president of the Michigan Gators FC and FC Nova soccer clubs. Jeff is dedicated to developing premier athletes of all ages. Hodgson is the current women's head soccer coach at Madonna University and holds a degree in Physical Education from Western Michigan University.

One-day per week class:

MTR Fee: \$89.00 NR Fee: \$94.00 MTRC Members receive \$5.00 discount

Class size: Minimum 5, Maximum 10

ROOKIES (24 months to 3 years old)

Simple motor skills are stressed using a variety of games and props in a non-competitive atmosphere. Toddlers are given time to develop at their own pace in each activity. Parental involvement is encouraged.

Session I	Day	Dates	Time
211113-G	Tu	May 17-Jun 28	11:00-11:50am
211113-Н	We	May 18-Jun 29	11:00-11:50am
Session II	Day	Dates	Time
Session II 211113-I	Day Tu	Dates Jul 12-Aug 23	Time 11:00-11:50am

PROS (3-4 years old)

Balance, movement, & coordination take a front seat here as well as following simple directions. Some group objectives are introduced here.

Session I	Day	Dates	Time
211113-K	Tu	May 17-Jun 28	12:00-12:50pm
211113-L	We	May 18-Jun 29	12:00-12:50pm
Session II	Day	Dates	Time
Session II 211113-M	Day Tu	Dates Jul 12-Aug 23	Time 12:00-12:50pm

ALL STARS (4-5 years old)

Advanced skill development games are the focus and the combination of motor skills (running and throwing, etc). Children will learn to work as a group and complete tasks with 'team-mates'.

Session I	Day	Dates	Time
211113-0	Tu	May 17-Jun 28	1:00-1:50pm
211113-P	We	May 18-Jun 29	1:00-1:50pm
Session II	Day	Dates	Time
Session II 211113-Q	Day Tu	Dates Jul 12-Aug 23	Time 1:00-1:50pm

YOUTH ACTIVITIES



Tae Kwon-Do Martial Art

Macomb Township Recreation Center

Tae Kwon-Do martial art classes for beginner and intermediate. Ages from 5 through 14, students will be learning respect, discipline and some history of the Korean art. This class will be instructed by Master Phan 5th degree black belt with over 20 years experience.

Two-day per week class: (6 weeks)
MTR Fee: \$90.00 NR Fee: \$95.00
MTRC Members receive \$5.00 discount

Instructor: Tai Phan Class size: Min 10

Beginner

It's an introductory class for martial art of TaeKwon-Do. The students will be learning the respect of martial art and classroom manors. They will learn the basic of using proper kicks, hand techniques and a lot of exercises.

Session	Days	Dates	Time
211102-A No class Week	Mo/Th	May 16-Jun 30	5:00-5:55pm
211102-B	Mo/Th	Jul 11-Aug 18	5:00-5:55pm

Intermediate

After the completion of the beginner session. Students who choose to move up in rank will continue on to intermediate class. At this time, students will be learning forms, sparring and board breaking, according to their level. Instructor will decide on which student is ready for promotion to the next level.

 Session
 Days
 Dates
 Time

 211102-C
 Mo/Th
 May 16/19-June 27/30
 6:00-6:55pm

 No class
 Week of Mon 5/30

211102-D Mo/Th Jul 11/14-Aug 15/18 6:00-6:55pm

Tae Kwon-Do Martial Art Parent/Child

Macomb Township Recreation Center

This class consists of learning the use of martial art in many ways such as respect, self-defense, sparring and lots of exercises. Will be instructed by Master Phan 5th degree black belt in TKD.

Child Ages 5 and up.

One day per week class:

MTR Adult Fee: \$60.00 NR Fee: \$65.00 MTR Child Fee: \$30.00 NR Fee: \$35.00 MTRC Members receive \$5.00 discount

Instructor: Tai Phan Class size: Min 10

Six weeks

Session	Days	Dates	Time	Age
211102-Е	Sa	May 14-Jun 25	11:15a-12:15p	Parent
211102-EE	Sa	May 14-Jun 25	11:15a-12:15p	Child
211102-F	Sa	Jul 9-Aug 13	11:15a-12:15p	Parent
211102-FF	Sa	Jul 9-Aug 13	11:15a-12:15p	Child

No Class May 28th

Pretty Hearts Bracelet Class

Teen Bracelet Class – 9 years and upMacomb Township Recreation Center

Wednesday, June 22 10:00am-12:00pm Registration No. 241402-A

MTR Fee: \$11.00 NR Fee: \$16.00

MTRC Members receive \$5.00 discount

Instructor: Sandi Kirk

Class size: Minimum 6, Maximum 16

Teens will love to make and wear this cute bracelet! This easy to make bracelet has small brass hearts and round crystal beads strung on three strands, topped off with a small dangling crystal charm. This bracelet is perfect for the summer ahead. No matter what size wrist, custom sizing assures



a perfect fit. Choice of color. Please specify hot pink or black.

Please bring \$8.00 material fee on day of class.

Plaster Playhouse ~ PJ's, Pizza and Painting

Featuring Disney's Rattatouille 50652 Sabrina Drive, Shelby Twp. (East of Schoenherr, off of 23 Mile)

Ages 5 & Up

Friday July 29, 2011 6:30pm-8:30pm MTR Fee: \$22.00

NR Fee: \$27.00

Registration No. 224600-J

Make sure the kids are in their comfy PJ's and bring them to Plaster Playhouse. They will paint their very own ceramic pizza plate, eat yummy pizza and watch Rattatouille with their friends. You get to go out and have a couple hours of time to yourself to recharge before the weekend!

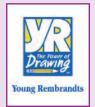
MTPR Cancellations Hotline (586) 992-2909

YOUTH ART CLASSES & CAMPS

Young Rembrandts

Macomb Township Recreation Center

Young Rembrandts' drawing classes are fun, engaging and educational. The students will be taught the step-by-step drawing method. This method of drawing will help the students learn how to break down complex



objects into basic foundational shapes. They will learn how to deconstruct and reconstruct images. Their drawing skills will develop as they apply a variety of art concepts and techniques to a new drawing each week. Come have fun drawing with Young Rembrandts.

Instructor: YR Staff

Class size: Minimum 6, Maximum 20

DRAWTOONING (6 WEEKS)

This is a favorite Young Rembrandts class. Each week we will alternate between drawing and cartooning. Young Rembrandts will teach their innovative step-by-step drawing method. The student will use drawing skills and their creativity to develop a successful drawing. All materials provided. Pencils, markers, Sharpies™, and color pencils will be used.

Ages: 6-12

MTR Fee: \$65.00 NR Fee: \$70.00 MTRC Members receive \$5.00 discount

 Session
 Days
 Dates
 Time

 211515-A
 Mo
 May 2-Jun 13
 4:40-5:40pm

 No Class May 30
 No Class May 30

ANIMAL DRAWING CAMP (3 WEEKS)

Kids love to draw animals! We will imagine ourselves at the zoo as we learn to draw a variety of different animals. On the first and second day giraffes, lions, tigers, birds and more will be drawn. Our final day will result in one large scene of the zoo, divided into several habitats and incorporating the many animal friends we have learned to draw. Markers or color pencils will complete our realistic or graphic style drawings.

Ages: 7-12

MTR Fee: \$54.00 NR Fee: \$59.00 MTRC Members receive \$5.00 discount

 Session
 Days
 Dates
 Time

 211515-B
 Sa
 May 7-21
 9:00-10:30am

PRESCHOOL DRAWING (5 WEEKS)

Each week we will draw something pre-school children enjoy. We will talk about our subject matter and learn to draw it together. Young Rembrandts helps nurture fine motor skills, listening, staying on task, spatial organization and patience. 45 minute class. All materials provided.

Ages: 3 1/2-5

MTR Fee: \$55.00 NR Fee: \$60.00 MTRC Members receive \$5.00 discount

 Session
 Days
 Dates
 Time

 211515-D
 Mo
 Jul 11-Aug 8
 9:00-10:15am

DRAWING (5 WEEKS)

Let's get ready to draw amazing things together! Young Rembrandts provides all the materials and brand new subject matter every week including animals, landscapes, and still life. Pencils, markers, Sharpies™, and color pencils will be used.

Ages: 6-12

MTR Fee: \$55.00 NR Fee: \$60.00 MTRC Members receive \$5.00 discount

 Session
 Days
 Dates
 Time

 211515-E
 Mo
 Jul 11-Aug 8
 10:30-11:30am

SUMMER ART CAMP (4 DAYS)

Drawings change each year.

This is our MOST POPULAR camp. Children are exposed to three different media. Drawing skills, Cartooning techniques and Pastel techniques will be learned. The step-by-step Young Rembrandts' teaching method insures success



and fun. Please bring old art shirt to wear.

Ages: 7-12

MTR Fee: \$72.00 NR Fee: \$77.00 MTRC Members receive \$5.00 discount

 Session
 Days
 Dates
 Time

 211515-F
 Tu-Fr
 Jul 12-15
 9:00-10:30am

PASTEL DRAWING CAMP (4 DAYS)

Drawings change each year.

Pastels are an exciting media. Students will learn drawing, shading, and color blending, The students will complete one 12×18 pastel drawing each day of class. Please wear old art shirt

Ages: 7-12

MTR Fee: \$74.00 NR Fee: \$79.00 MTRC Members receive \$5.00 discount

 Session
 Days
 Dates
 Time

 211515-G
 Tu-Fr
 Jul 26-29
 9:00-10:30am

AFRICAN SAFARI CAMP (4 DAYS)

Come on a Safari drawing adventure with Young Rembrandts this summer! We will explore the exciting land and many animals that inhabit Africa. We will challenge our artistic talents by creating 2 large scenes-one in a graphic style filled with a variety of animals and another focusing on the twists and turns of an African snake completed in pastel.

Ages: 7-12

MTR Fee: \$72.00 NR Fee: \$77.00 MTRC Members receive \$5.00 discount

 Session
 Days
 Dates
 Time

 211515-H
 Tu-Fr
 Aug 2-5
 9:00-10:30am

YOUTH DANCE CLASSES



Dance Program Classes

(Ages 18 months – 12 years)

Macomb Township Recreation Center

Session I – May-June Session II – July-August

Class Size: Minimum 4, Maximum 10

One-day per week class:

MTR Fee: \$60.00 NR Fee: \$65.00 MTRC Members receive \$5.00 discount

Dance shoes may be purchased at Payless stores or Lucy &

Ethels at Canal and Hayes.



BALLET

Ballet is the core of all dance and teaches proper technique and body placement. Students are introduced to classic ballet with a mix of contemporary to achieve a very fulfilling ballet experience.

Dress Code - Leotard and tights. Pink leather Ballet shoes. Please no satin slippers!!

Session	Days	Dates	Time	Ages
211202-A	Tu	May 10-June 21	5:00-5:30pm	5-8
211202-B	Th	July 14-Aug 25	4:30-5:00pm	4-5
211202-C	Th	July 14-Aug 25	7:00-7:30pm	6-9

CREATIVE MOVEMENT

Students are introduced to a class environment with introductory steps from Ballet, Tap and Jazz. They also use music and props to work on motor skills and rhythm. Child does not need to be potty trained but should be able to handle a class setting without a parent. Recommended for $2\frac{1}{2}$ to 4 year olds.

Dress Code - Leotard and tights. White leather Ballet shoes. Please no satin slippers!!

Session	Days	Dates	Time	Ages
211210-A	Tu	May 10-June 21	11:00-11:30am	2-4
211210-B	We	May 11-June 22	5:00-5:30pm	2-3
211210-C	Th	May 12-June 23	5:30-6:00pm	3-4
211210-D	Tu	July 12-Aug 23	5:30- 6:00pm	2-3
211210-E	Tu	July 12-Aug 23	6:00- 6:30pm	3-4
211210-F	Th	July 14-Aug 25	6:30- 7:00pm	2-4

HIP-HOP

Hip-Hop is a form of "street dance" that encompasses all parts of the body. This class combines the latest dance and funk moves as well as age appropriate "MTV" style dancing, with current music for a fun dance class experience! For ages 4-5 it also incorporates fundamental motor skills and some creative movement.

Dress Code - Jazz pants, tank tops, capris and shorts are acceptable. Black tie Jazz shoes.

Session	Days	Dates	Time	Ages
211209-A	We	May 11-Jun 22	5:30-6:00pm	4-5
211209-B	We	May 11-Jun 22	6:00-6:30pm	6-8
211209-C	We	May 11-Jun 22	6:30-7:00pm	9-12
211209-D	Tu	July 12-Aug 23	6:30-7:00pm	6-8
211209-E	Tu	July 12-Aug 23	7:00-7:30pm	9-12
211209-F	Th	July 14-Aug 25	5:30-6:00pm	4-5

JAZZ/POMS

This class introduces beginning steps of Jazz with sharp cheerleading arm movements to combine dancing with poms.

Dress Code - Leotards, tights, Jazz pants, tank tops, t-shirts, capris and shorts are acceptable. Black tie Jazz shoes.

Session	Days	Dates	Time	Ages
211203-A	Tu	Jul 12-Aug 23	5:00-5:30pm	4-5
211203-B	Th	Jul 14-Aug 25	5:00- 5:30pm	6-9

MOMMY & ME

Mommy and Me is the perfect class for the smallest dancer where mother and child can bond and dance together. It introduces the child to a class setting with stretching, beginning motor skills, song, dance and props.

Dress Code – Comfortable clothing that allows for easy movement. Tennis shoes.

Session	Days	Dates	Time	Ages
211211-A	Tu	May 10-Jun 21	10:00-10:30am	18 mths- 2 yrs.
211211-B	Tu	Jul 12-Aug 23	4:30-5:00pm	2 yrs. 4-5

CHEERLEADING

This class introduces cheers, chants, jumps, beginning stunts and arm movements.

Dress Code - Jazz pants, tank tops, t-shirts, capris and shorts are acceptable. Gym/Tennis shoes.

Session	Days	Dates	Time	Ages
211104-A	Tu	May 10-Jun 21	7:00-7:30pm	5-9
211104-B	Th	Jul 14-Aug 25	6:00- 6:30pm	5-9



REGISTRATION INFORMATION

HOW DO I REGISTER FOR A PROGRAM?

RESIDENT REGISTRATION

ONI INF

Macomb Township Residents may begin registering for Spring/Summer Programs *ONLINE*, Monday, April 25, 2011, at 6:00am.

RESIDENT REGISTRATION

Walk-In & Mail-In

Macomb Township Residents Walk-In and Mail-In registrations will be processed beginning Monday, April 25, 2011, at 12:00pm.

If you have mailed your registration and the class is full, you will be notified.

OPEN REGISTRATION

Open Registration begins Thursday, April 28, 2011, at 6:00am. Registrations will be taken daily up till one hour prior to the facility closing.

WE ACCEPT CASH, CHECK AND CREDIT CARD PAYMENTS (VISA AND MASTERCARD). A driver's license will be required for ALL transactions.

Swim Lessons Registration is available online. See pages 12-15 for Swim Lesson Registration information & additional Aquatic Programs.

CONFIRMATION RECEIPT

If you want a written confirmation receipt mailed to you please include a self addressed stamped envelope with your registration form and payment.

PRO-RATE REGISTRATION FEES

Fees cannot be prorated due to late registration or partial attendance.

CANCELLATIONS

Macomb Township Parks & Recreation reserves the right to cancel a program due to a lack of enrollment or circumstances arising out of its control. If a program is cancelled all registrants will be notified and a full refund of registration fees will be processed.

RESIDENT DISCOUNT

Macomb Township residents receive a discount on many program registration fees due to their support of the parks and recreation program through a special assessment millage.

WE ACCEPT CASH AND CHECK PAYMENTS. VISA AND MasterCard payments accepted at the Front Desk or Online ONLY.

REFUND POLICY CLASS REFUNDS

Unless noted in a class description or other published material, customer-initiated refunds will be honored through the first class meeting. If the refund is requested as a household credit, which can be used toward future activities, the entire amount will be credited. If the original payment method was by check, a refund will not be processed until two weeks have passed from the date when the check was originally presented for payment. Refund checks will be mailed within 4 weeks. If the original payment method was by credit card, the refund will be processed as a credit back to the card. All customer-initiated refunds will incur a \$5.00 processing fee.

Macomb Township Parks & Recreation reserves the right to cancel a program due to a lack of enrollment or circumstances arising out of its control. If a program is cancelled all registrants will be notified and a full refund of registration fees will be processed.

TRIP REFUNDS

No refunds on 1-day trips and extended travel unless a replacement is found

SPECIAL EVENTS REFUNDS

There are no refunds on special events.

MACOMB TOWNSHIP PARKS &
RECREATION RESERVES THE
RIGHT TO USE ALL
PHOTOGRAPHS TAKEN AT
COMMUNITY EVENTS FOR
PUBLICATIONS AND/OR
PROMOTIONAL PURPOSES.

MTPR PROGRAM REGISTRATION FORM



Register by mail or in person: Parks & Recreation Office 20699 Macomb Street • Macomb, MI 48042 (Off Broughton Road, south of 25 Mile Road)

Family Name (List parent's name if participant is under 18 years of age.)			Fir	First Name					
Address				Cit	у		2	Zip	
Home Phone ()									
Email Address		Me	ember Y or N	#		Staf Veri	f fy		
Emergency Phone ()			Em	nergency Contact	Name(s) _				
Participant's Name (Last/First)	Birthdate (mm/dd/yy)	M/F	Activ Nan		Activity Number	Days	Times	Resident Fee	Non-Res. Fee
					_				
					_				
					-				
					_				
					_				
*Children age 4 and over must	have a membershi	p to rece	ive discoul	nt.	SI	IRTOTAL \$	S		
T-SHIRT ORDER YS (youth small) 6-8	AS (adult	,	,		HOUSEHOLD				
YM (youth medium) 10-YL (youth large) 14-16 Special Needs:	12 🔲 AL (adult I	arge)	´	Pleas	Please make " Macomb Townsh se include the driver's	check or m ip Treasure	er". Please d	payable to o not mail c	ash.
Macomb Township Release A			of being pe	ermitted to	participate in the town	ship activity o	or use of any fa	acilities in coni	nection with
this activity, the undersigned a 1. The undersigned hereby rele "releasees") from all liability on account of injury to the undersigned is participating	eases, waives, disch to the undersigned person or property	arges and I his or he of the und	er personal dersigned v	representa /hether cau	itives, assigns, heirs, ar used by any negligent a	nd next of kin ct or omissio	for any loss, o	lamage, or clai	m therefore
The undersigned hereby ag attorney fees (including atto caused by any negligent act	rney fees to establis	sh the rele	easee's righ	t to indem					
3. The undersigned hereby ass the activity or using any fact								property or par	ticipating in
The undersigned expressly agr as permitted by Michigan law									
I acknowledge that I have read Township or its employees, ag no oral representations; staten	ents, or officers if I	am injure	ed or dama						
If the participants are minors, or custodial parent of the abov agreement.									
Signature			Pri	int Namo	e			Date	
Office Use Only Staff	Initials	Pai	d by che	ck #	Paid by c	ash	Paid h	v Credit Ca	ırd

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Karen Goodhue Treasurer

Dino F. Bucci, Jr. Janet Dunn Roger M. Krzeminski Nancy J. Nevers

Trustees

PARKS & RECREATION

Creating Community Through People, Parks & Programs

Salvatore A. DiCaro, Jr. Parks & Recreation Director

Jason D. Spiller
Facility Supervisor

Permelia G. Gross
Aquatics Supervisor

Telephone (586) 992-2900

Fax (586) 992-2999

Contact us at: parks-rec@macomb-mi.gov

Summer Volunteer Opportunities



If you are interested in making a difference in your community (and having some fun) as one of our summer volunteers, please email Michelle at:dudam@macomb-mi.gov for volunteer application and background check form.

VOLUNTEERS ROCK!

MACOMB TOWNSHIP OFFICE PHONE NUMBERS

Building Department	(586) 992-0710, ext. 1	Finance Office	(586) 992-0710, ext. 7
Parks & Recreation Department	(586) 992-2900	Supervisor's Office	(586) 992-0710, ext. 8
Assessing Department	(586) 992-0710, ext. 3	Broadcast Media Department	(586) 226-4203
Planning & Zoning Office	(586) 992-0710, ext. 4	Fire Department Headquarters	(586) 677-1262
Treasurer's Office	(586) 992-0710, ext. 5	Water & Sewer Department	(586) 598-0687
Clerk's Office	(586) 992-0710, ext. 6	Water & Sewer (Emergency)	(586) 598-1790

FREQUENTLY REQUESTED PHONE NUMBERS

A.Y.S.O. Soccer	www.ayso8c459.org
Boys & Girls Club - Shelby Township	(586) 566-5516
Chesterfield Township Parks & Recreation	(586) 949-0400
Chippewa Valley School District	(586) 723-2000
Clinton-Macomb Library North Branch	(586) 226-5080
Clinton Township Parks & Recreation	(586) 286-9336
Clinton-Macomb Girls Fastpitch League	(586) 610-3585
	www.cmgsl.com
Girl Scouts Macomb County	(586) 263-0220
L'Anse Creuse School District	(586) 783-6300
Macomb County Road Commission	(586) 463-8671
Macomb County Sheriff	(586) 469-5151

Macomb Mustangs Footballwww.macombmustangs.com
Macomb Mustangs Lacrosse(586) 247-6407
Macomb Soccer League(586) 940-9829
Macomb Township Little Leaguewww.mtllb.com/1-888-714-6855
MTPR CANCELLATION HOTLINE(586) 992-2909
Metro Beach Metropark(586) 463-4581
Michigan DNR Campground Reservations(800) 44PARKS
New Haven School District(586) 749-5123
Romeo Washington Bruce Parks & Recreation(586) 752-6543
Shelby Township Parks & Recreation(586) 731-0300
Stony Creek Metropark(586) 781-4242
Suburban Ice(586) 992-8600
Utica Community School District(586) 797-1000
Wolcott Mill Historic Center(586) 749-5997